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**Annie:** Hi friends! Happy Halloween. Welcome to another episode of That Sounds Fun. I'm your host Annie F. Downs. I'm so happy to be here with you today. Who better to have on the show than the guy who wears no masks, our buddy, Eddie Kaufholz. Yay!

Before we dive into today's conversation, I do want to tell you about one of our incredible sponsors. The show is sponsored by [BetterHelp](#). Today may be Halloween, but tomorrow is November, which means we start to get a little more intentional about gratitude in this season.

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**Intro:** Today on the show, your favorite and mine, Eddie Kaufholz is back. In case you haven't been with us, once a month, we're recapping each of the last 10 years in honor of the 10th anniversary of That Sounds Fun. This month we're recapping 2022, which is what we say, but y'all know how we go. We just keep talking. That's what Eddie and I do. We just keep talking. So here's my conversation, a little bit about 2022, but mostly about a lot of other things, with seven minutes of serious, with my buddy, Eddie Kaufholz.

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**Annie:** Eddie, welcome back to That Sounds Fun for the 974th time, possibly.

**Eddie:** I think we are close to not having to say welcome back to That Sounds Fun.

**Annie:** Yeah, yeah, yeah. And just going.

**Eddie:** When Brienne comes home from work, I'm not like, "Hey, welcome home. It's more just like, there you were, here you are.

**Annie:** Yeah, yeah, yeah. Where else would you be, is kind of what you said. Yeah. That's exactly right. I've got some very off-topic things to talk about before we jump into 2022, which is shocking to no one.

**Eddie:** And I propose we never go on topic. Let's let it happen.

**Annie:** It's never served us before. Eddie, how much water do you drink? Are we drinking enough water?

**Eddie:** Now, that is a question and a half, because I have-

**Annie:** What do you have? I have this.

**Eddie:** This.

**Annie:** What is that? For our audio only listeners, that is a gallon?

**Eddie:** A gallon with times on the side.

**Annie:** And it tells you when to... wow, you're ahead of the curve. That says 1 p.m. and we're only at 9 a.m.

**Eddie:** And this is the problem. Also, by the way, so you're drinking... What are you drinking? That looks like a 30 or 40-er.

**Annie:** Yeah, this is 40. This is 40, 40-ouncer? Yeah. This one lives in New York, but I can't carry it during... I have a little one that travels with me that's 16 ounces, because I was carrying this 40-ouncer around the city and I was getting back problems.

**Eddie:** It's like a pound. It's like nine pounds of water.

**Annie:** It's so heavy. How long have you had that particular jug?

**Eddie:** Quite a while, and I flow in and out of it. So, sometimes it sits there by my desk and-

**Annie:** How many ounces is that? I'm sorry, I don't know that.

**Eddie:** How many ounces in a gallon? No one knows. That's like exploring the depths of the ocean. Science has not gotten there yet.

**Annie:** I agree.

**Eddie:** If anybody has an answer feel free to-

**Annie:** Please let us know.

**Eddie:** ...hit that like button.

**Annie:** They told us between a bison and a buffalo, so they knew. They knew something that couldn't be known. So now here's another thing that can't be known.

**Eddie:** I forget. Are people commenting on YouTube?

**Annie:** Yes.

**Eddie:** Jeez, see, that's a whole area I never... I don't even know our show is there half the time. Our show. Your show.

**Annie:** No. These are our shows.

**Eddie:** My face is on that show.

**Annie:** No, these are our shows. Of course. Of course, they are. So, are you drinking one of those a day? Is that the goal?

**Eddie:** Trying to. I'm trying to.

**Annie:** I don't like when water gets warm in the middle of the day. That's why I can't do a gallon at one time, because then I'm just drinking lake water by 2 p.m.

**Eddie:** I like a room temp.

**Annie:** Oh, do you?

**Eddie:** Yeah, yeah. I like the water to generally be the inverse of what it's like outside. So, when it gets cold outside, I like it room temp. I could even handle a little warm, even though I'm not going to go through the effort. When it is summer, it's all like, put it in the fridge overnight.

**Annie:** Wow, that is fascinating.

**Eddie:** It's a process of regulation with me. That's the whole thing. It's back to center. But you're a cool girl.

**Annie:** All the time.

**Eddie:** So, you need the smaller one.

**Annie:** Yeah, I need it. Well, this one works because it keeps it pretty cold. The mental challenge is, can you crush this before it gets warm? That's the goal. I'm currently in New York. When I'm sitting at my desk in New York, I try to... like today I'm here, I'm sitting at my desk till two o'clock or three o'clock or something cute like that.

**Eddie:** I just got up to lake water. That was a funny reference. That's perfect. You get in a lake at a certain time of year and you're just like, this is thick.

**Annie:** Yeah, yeah, but it's not warm like when it's the hottest day of the summer, but there's this other temperature that is just weird.

**Eddie:** This isn't fun. This is tea. I don't want this.

**Annie:** Yeah. It's tea that's been sitting there a minute, but not all the minutes. Yeah. Yeah. Bghrr. I can't live like that. The reason I bring up our water intake, partly is because someone this weekend randomly talked about how much drinking enough water has changed their skin. I forget that.

**Eddie:** That's actually really true for me.

**Annie:** It's a hydration thing.

**Eddie:** Is it true for you?

**Annie:** I don't know. I love being my own science experiment. So I'm into it now. I'm about to be a science experiment to myself.

**Eddie:** I have noticed a correlation between like drier spots on me or dry... like my tea zone is all hell. You know that. That's well-documented.

**Annie:** That's a thing every friend of yours knows.

**Eddie:** That's basically a core to my brand is that my tea zone gives me fits. The more water I drink, the better off that is. But that's interesting. So, Annie, do you have... I

don't want you to share personally, but is there like a, okay, I noticed this is not as I would want it to be now? Do you know what I mean?

**Annie:** My skin is pretty normal all the time. The reason this all happened is there are these things in New York, these sample sales, big tip if you're coming to New York, the Instagram is 260samplesale. And so, these companies will put a bunch of their clothes or whatever on deep discount because they're trying to clear out that season's clothes, right?

So, I went with some friends to one this weekend and part of it was a skincare thing that was really expensive. And this young man who works in modeling, because he told us, was like, "This particular brand has saved my skin. This and water." And we were all like, "And water?" This like 24-year-old is like, "And water?"

The problem is I don't have a good starting point to judge whether... because I don't really drink any other liquids currently except water and Coke Icee, but I can't find those in New York yet. So besides tea, like hot tea in the morning, I don't really drink anything besides water. So I don't have like a stop and start is what I'm trying to say. That was a very long answer too. I don't have a control to help me with this science experiment.

**Eddie:** I understand. But I mean, this is Jason Bateman, if we've listened to Smartless for more than one episode, he talks about drinking water almost on every episode about how... Like he's very... I mean, he's a bit of a weirdo with all of this in a great way, but he does talk... he says like water's the whole deal. I'm sure people know this and you and I are just catching up, but I think it's really important. I do so poorly with it.

**Annie:** You and I have been podcasting together for seven or so years, seven or eight years, and the way you perfectly segue without knowing, because the next thing I wanted to bring up, hand to heaven, was Jason Bateman. It's not believable. It's not believable, but it's written down. It says baseball right here, because I want to talk about all I can think about with the Los Angeles Dodgers and the World Series is Jason Bateman loves them.

**Eddie:** Okay. Listen, there's so much to talk about with baseball. I didn't know if we were going to talk about baseball or not, because sometimes, you know, we're on it, on the baseball train, sometimes we're not. So hold on. I have-

**Annie:** So Jason Bateman's a super fan. For people who don't know. Jason Bateman is a super fan of the Los Angeles Dodgers and the Dodgers and the Yankees are playing in the World Series at recording.

**Eddie:** Yes. Listen, also everyone, I'm sorry, this is inhospitable, but I have no coffee in this cup, but I have my big construction worker thing full of coffee.

**Annie:** It is a construction worker thermos.

**Eddie:** So I need to-

**Annie:** Oh, it pops.

**Eddie:** Yes, I hear the pops.

**Annie:** Do you put cream and sugar in your coffee? Or is that just black coffee from A to B? Or did you dress it up in your thermos?

**Eddie:** All great options. All black coffee all the time forever.

**Annie:** Okay.

**Eddie:** If I'm feeling like a fancy boy and I'm at a place, I might get a little oat milk splash and a cappuccino or something.

**Annie:** Sure.

**Eddie:** But I generally like black coffee. But usually behind the scenes, we usually record a little later. We're recording a little earlier this morning. Now I've got the coffee.

**Annie:** Now we're ready. Now you can talk about Jason Bateman. Can you believe that transition you did? That is just pure excellence.

**Eddie:** It was pure magic. I'm going to try another one where I feel like when we're hitting a dip with this and let's just see.

**Annie:** Well, we weren't even at a dip at the water. That's what makes you a pro is we could have done another eight minutes on water, but you called the right transition before we needed it, which is actually when you know someone's a pro, you don't wait until the dip, you catch it pre dip because people wish we keep going about water for about two more minutes. We could have done eight. We did zero. Go.

**Eddie:** You want to end like Seinfeld. You want to end like Seinfeld.

**Annie:** That's exactly right. I'm same with all my dating relationships. Walk out before you want to. I'm just kidding.

**Eddie:** I can see us getting closer. Goodbye. Where's my number? You really are a very special person to me and I really... never talked to me again.

**Annie:** Never speak to me again. I'm going to leave right now and be sure-

**Eddie:** I'm going to leave you here at my parents' house where you just came and met them.

**Annie:** Where you just met them for the first time.

**Eddie:** Right.

**Annie:** You said you're going to talk to my dad. I'm going to tell you to leave.

**Eddie:** Thank you.

**Annie:** Jason Bateman.

**Eddie:** So huge Dodgers fan, of course. Yes. He talks about this all the time of like the Dodgers in the World Series... Well, the Dodgers in the... the playoffs have been just riddled with celebrities.

**Annie:** What? Tell me more. I don't know about this.

**Eddie:** Okay. So if you were watching any of the games, directly behind home plate, you and I will both get... you'll get this reference. Directly all games got to be season ticket holder, like the spot just looking down the barrel is Mary Hart. Remember her from Entertainment Tonight?

**Annie:** Yes.

**Eddie:** And she's like full, big blonde hair, not even trying to be... But she's also going at it, like wave on the flag. She is every pitch fully committed. Got to be a huge Dodgers fan. So Mary Hart's always there when the games are in L.A. But then a couple seats over to the left. So now we're looking over the catcher's right shoulder.

**Annie:** Yeah. Kind of going towards first base.

**Eddie:** Judd Apatow. Always there.

**Annie:** Always. I do know that he's always there. Will Arnett loves it. I mean, Will.. Oh, geez. Elf. He loves it, too?

**Eddie:** Oh, Will Ferrell.

**Annie:** Yeah. Yeah. Okay, Judd Apatow. Mary Hart. Wow.

**Eddie:** And then Jason Bateman always there.

**Annie:** Always there.

**Eddie:** That's so fun.

**Annie:** I think this World Series is so interesting. As a dual citizen in New York, the scuttle here was everybody was hoping for Mets, Yankees. Of course, they were.

**Eddie:** Subway series. A thrill.

**Annie:** Can you imagine? Has that happened a lot before?

**Eddie:** Not a lot, but a few times. And it's pretty neat. It's also so rare, too, because of how hot and cold the Mets are historically.

**Annie:** How hot and cold the Mets were this season.

**Eddie:** Oh, my gosh. All of a sudden, just October hit and they decided to become a team. But it was fantastic to watch. I really feel like if they had one more week, if they had peaked a week earlier-

**Annie:** That's a great point, Eddie.

**Eddie:** Like that would have been it. It was so close.

**Annie:** Can you imagine the bodies of the players having to fly east coast, west coast for a week and a half or however long this takes versus literally staying in their homes? I mean-

**Eddie:** I imagine the bodies of the players a lot like.

**Annie:** Huh. Jenna, that's a pull quote. Jenna, if you can go ahead and pull that for Instagram.

**Eddie:** We can just go just straight to it.

**Annie:** I mean, I think they're going to have to fly back and forth and as far as you can in the US, the lower 48 at least. And that is challenging on their bodies versus going



New York versus New York. Who are you cheering for in this World Series?  
Forgive me that I don't even know how the Washington team did this year.

**Eddie:** Nationals.

**Annie:** Yeah, Nationals.

**Eddie:** Not great. Not off, though.

**Annie:** I want to say commanders. Why did I want to say commanders? Is that the new football team?

**Eddie:** It's a football team.

**Annie:** Football team. Thank you. Okay.

**Eddie:** That's fine. Okay, so listen, Lucy and I were following this very closely, all the playoffs because we were like... you know, it was guardians. It was like guardians in there, Mets in there. It was very exciting, right? A lot of teams, but none of them were our team. So you kind of have to find how you're going to follow.

The other thing that's rare about this is that typically the American League National League number ones don't usually end up meeting up, right?

**Annie:** That's right.

**Eddie:** They start seated one. But they did. So the two, in theory, best teams with some crazy superstars. Shohei Ohtani. It's like we are living in the era of Babe Ruth. We could do a whole show on Shohei Ohtani.

**Annie:** Okay, tell people a little bit about him if they have it, because it is a fascinating story.

**Eddie:** Shohei Ohtani in almost endless ways has redefined the archetype of a baseball player.

**Annie:** Wow.

**Eddie:** Most notably that usually a pitcher is not considered a great hitter. They typically are great at one or the other.

**Annie:** And in half of the MLB pitchers don't hit anyway.

**Eddie:** They don't even hit. It's a lost cause. Shohei Ohtani, so he comes in from Japan being absolutely exceptional, record breaking at both of those, which is mind blowing. So that's how he starts. Then he continues because he... We're going very big picture here. So he comes in doing something that hasn't been done. But then the crazy thing is he then does it to a degree that... It's like watching Michael Jordan play back in the day when it was like, I wonder if our impression of his greatness will actually be realized. And then he goes and carries the bulls the whole way. So Shohei is actually doing that.

So then this year he created what was called the 50-50 club, which was 50 home runs, 50 runs batted in. So-

**Annie:** And he's the first one to do it?

**Eddie:** Yeah, he created it. There was a 40-40 club that he ran past.

**Annie:** Oh my gosh.

**Eddie:** 50-50 club. And I actually think this is where baseball people are yelling at me right now because I might be wrong. He might have ended up... it may have been like 51-51.

**Annie:** I think it is 51-51 because that's what I've heard.

**Eddie:** Right. So that ability to do that though speaks so much to both your ability to hit a ball and get on first base or second base, which is massive. It's hard to do that. That's usually a singular skill. Like a Juan Soto in the Yankees. It's a singular skill to be able to know, okay, in this moment, I got to hit a ball over there to get on first so that the guy behind me can then hit a home run and we get two in or something like that.

**Annie:** Right.

**Eddie:** Shohei did it in a huge amount and then also did the other singular thing, which is it's crazy amount of home runs. And then here's the final thing.

**Annie:** And he's not a center fielder. He's a pitcher. That's the crazy part is he's not a power player like a center fielder. He's a pitcher.

**Eddie:** Correct. He's a pitcher that didn't even pitch this season. They just decided to put him and see what would happen if they just put him on as a designated hitter. And he became the most dominant hitter. One of, if not the most dominant hitter in baseball history.

**Annie:** Can you just drop his salary real quick for everybody? Do you know it?

**Eddie:** I don't know it. Do you know it? It's insane.

**Annie:** It's insane. You keep talking. I'll look it up.

**Eddie:** Here's the last thing about Shohei. One, does both of those things, right? Pitch, hit. Second, he does them with absolute excellence, however you want to slice it. And consistently in over time and over and over again.

And then the third is that he has changed the way baseball players even approach their own game. So he famously now to baseball people, it doesn't take batting practice. So where most players are out there for a couple hours before just hitting it, he didn't do it. He's like... Cause he's like, I only get-

**Annie:** He goes out fresh as a DH and crushes like that?

**Eddie:** He does a normal workout, like a normal warmup just so that he's not ice cold, but he doesn't take hits because he's like, my arm is only going to let me swing this so many times. I know the mechanics. All I need to do is warm up and hit. It was like when somebody broke the eight minute mile and all of a sudden everybody was like, Oh, this is possible for the body to do. That's what he did. He's a once in a generation player. He's pretty rad. So that's the Shohei Ohtani.

Se and another team of absolute all-stars of the Dodgers are playing the New York Yankees who have arguably the other most exciting players in the entire world. Aaron Judge, who's 11 feet tall, a monster and just a classic Yankee. Like, clean cut, serious Mr. business.

**Annie:** He's the A-Rod of our day.

**Eddie:** Yeah. Or Derek Jeter.

**Annie:** Derek Jeter. You're exactly right. He's the Derek Jeter of our day. You're 100% right, Eddie.

**Eddie:** So who I am rooting for to answer your original question was perfectly put by Lucy and I'm like all in with that answer. We are rooting for the Dodgers to win. Do love the Dodgers. But when Juan Soto, who was on the 2019 Washington Nationals world series team, when Juan Soto comes to the plate for the Yankees, we will root for Juan Soto.

**Annie:** Okay.

**Eddie:** We still love Juan Soto, but we can't root for the Yankees. We will root for the Dodgers to win.

**Annie:** I am rooting for Seven Games. That's what I'm rooting for.

**Eddie:** Bingo. That is 100%. Give me the most baseball before it just goes quiet and I got to watch other loud sports all year.

**Annie:** That's exactly right.

**Eddie:** Yes. That's exactly right.

**Annie:** Okay. Shohei's salary is \$700 million. That is just to play baseball. That's not the Nike or Adidas or whoever. That's not any sponsorships. He's going to be a billionaire for hitting home runs.

**Eddie:** Billionaire. And that salary is not actually... Like Juan Soto who hits, who we were just talking about who plays for... he hits right behind Aaron or right before Aaron Judge and they're in their lineup. He is a free agent at the end of this year and it is widely believed that his salary is going to be between seven and \$800 million.

**Annie:** Have we lost our minds a little bit? Have we lost our minds a little bit or no?

**Eddie:** It's a hard, hard thing because as a... yes, of course. There's just no way a person can be worth that. Right.

**Annie:** Beyond in the eyes of God, of course. We're priceless in the eyes of God. But in this scenario... I mean, because this guy, Shohei, 2024 to 2033, he gets \$2 million a year. That is a lot and also feels kind of reasonable. You're bringing in money to a city. You're filling seats. From 2034 to 2043, he gets \$68 million a year.

**Eddie:** Unbelievable.

**Annie:** My gosh. How would you... Eddie, someone hands you \$68 million next year for your job. You're still going to work. You're not a lady of leisure. You're still going to work.

**Eddie:** I still consider myself one though. So please.

**Annie:** Certainly. What are you doing with \$68 million next year?

**Eddie:** Oh.

**Annie:** Does a lot of it get taxed?

**Eddie:** Yeah, like probably 30%. But it's still.

**Annie:** So we're walking home with 40 million. When it's all come out through the wash and we're even going to go ahead and say, you've paid your taxes, you've paid your tithe. So God and the government are handled. You've done your duties and with pleasure, with an honoring heart. And now you have \$41 million.

**Eddie:** Okay. So number one, I'm going to get rid of both of our cars and buy two pretty normal, not bougie cars. I've always wanted cooler cars than I have.

**Annie:** So you're going to spend 100,000 of your \$41 million.

**Eddie:** Right. But this is basically, Annie, like... that was the high watermark. I don't have a... So new cars. It's Brienne, Land Rover-something she's always seen that's been like, Oh, cool. Me a truck or an old vent, like old truck. Like something from 70s, 80s. Like one of those good boxy Fords. Nice and restored. I can definitely-

**Annie:** Already done. Already handled. You can afford that. That's already been handled.

**Eddie:** No problem. Then I am definitely quitting my job.

**Annie:** Okay.

**Eddie:** A hundred percent. Not because I don't like my job, but because my dream employment scenario is to be able to pick up a project and do it... like doing the best we can was a great example. I want to do it. I want to go all in. And then I want to never think about it again and try anything. I just get bored. I want the luxury to be obsessed right now. I would just grow plants in a greenhouse all day long and try to figure it out. And then I would start a little business selling a line of roses. And then I would never think about it.

**Annie:** Thank you for being clear that it was roses and not marijuana. It just felt like I want to grow plants and sell them. In our modern day has a real line of understanding. And I just wanted you to clear up you're selling roses.

**Eddie:** What would you do?

**Annie:** Oh, with \$41 million. I would pay my taxes. I would get my tithe. I would... what else would I do? I mean, I would probably... well, I would certainly buy a place in

New York. I would go ahead and buy a place in New York. I'm very grateful to be able to rent one for now. But with that kind of money... You know, I have talked... I'm weird. I may have talked about this off mic before. I have always told my financial planner, when we hit this certain number that we have of investments and savings, I would love a chunk of money to be stupid with. Because that is to me, a top level luxury that most of us won't ever get to on this side of glory of where you can like be stupid with a chunk of money. I'd like \$50,000 to be stupid with. That's what I would do. I don't know what I would do.

**Eddie:** What's a stupid thing?

**Annie:** Oh, you know, there's this thing you can do at Disney world for \$15,000 where 12 of your friends get a VIP day and you go to Club 33 and you are walked around everywhere. I would probably do that three times with three group of friends. That's not like the best use of money.

**Eddie:** No. I would rent out a movie theater right before award season and have them play all of the Academy award best picture. And I would have it catered and I would invite 10 people who won't talk during the movie.

**Annie:** That's right. That's right. That's right. So things like that that are not a good investment that may not even be good for our family or our, or the kingdom of God, or... you know, it was just like stupid. So I've always dreamed... And I think part of that's my personality type of like, please tell me I'm not just squirreling away money so that when I am gone I've squirreled away a lot of money. Like, to what end? To what end? So at some point I would like to have enough money that I can take some and do something stupid.

I guess not late. I mean, the thing you and I are both learning is we don't need \$41 million. We need about \$200,000.

**Eddie:** No, no, that's right. We both all-in we're... it's like...

**Annie:** Together we just spent less than half a million dollars and we really thought about it for some minutes. We spent interest on giving away quite a bit and putting it in a very normal savings bond kind of situation.

**Annie:** Yeah, that's exactly what we did.

**Eddie:** We spent that interest. Because I'm driving a crappy truck.

**Annie:** Because I'm like, Technically, I need \$15,000 to do one day at Disney that I think would be really fun. I don't need \$41 million.

[00:25:47] <music>

**Sponsor:** Hey friends, just interrupting this conversation to tell you about one of our incredible partners, [KiwiCo](#). Okay, y'all have to hear about this new KiwiCo thing that they are offering. It is especially cool as you start building Christmas lists for the MiniBFFs in your life.

KiwiCo is now offering KiwiCo Clubs to engage kids on a journey of seriously fun learning. The cool thing about KiwiCo is that their crates aren't just a fun project for kids to work on, but they actually learn something too. And now with KiwiCo clubs, they get to go on comprehensive learning journeys. So your kids will learn the fundamentals through hands-on projects and progressively build on their skills with each new project they work on. You can watch your kids go from learning to build bows and arrows to engineering their own robot.

KiwiCo has five different clubs to choose from with unique topics like science, engineering, and art. And it's more than just a crate. KiwiCo clubs members get really great perks like 10% off orders, free shipping in the U.S., and early access to new crates. A ton of my MiniBFFs and my nephew, Sammy, love KiwiCo, but they're all into different things and interests. So KiwiCo has you covered.

In KiwiCo Clubs, my mini BFFs will build skills over time, learning about everything from robotics and engineering to geography and art techniques. Plus, there's no commitment, so you can pause or cancel anytime.

Tinker, create, and innovate with KiwiCo. Get up to 50% off your first crate, wow, 50% off at [KiwiCo.com](#), Promo code, thatsoundsfun. That's up to 50% off your first crate at [Kiwico.com](#), promo code, thatsoundsfun.

Now, remember that link and pretty much every other link you could ever hope for are in the show notes below, or we will send them right to you every Friday in the AFD Week in Review, which we hope is the best email of your week. So you can sign up to get that in the email below as well.

**Sponsor:** I am always looking for easy snacks to keep around that have a lot of protein too, and I love that I get snacks like chomps, meat sticks, and protein shakes from [Thrive Market](#). I love that I don't have to question what I'm getting from Thrive Market either. I know I can trust the ingredients of what I'm buying.

Instead of standing in the grocery store aisle, reading through all of the labels to see if it's full of junk or words I can't pronounce, Thrive Market's already done all that work for me. Certified organic is always their first choice. And Thrive Market

studies every label to search for the best, wholesome ingredients that have been vetted for safety. They even restrict 1,000 plus ingredients that are found at conventional grocery stores.

Their mission is to make healthy and sustainable living easy and affordable for everyone, so they seek out brands and products that follow ethical practices. Want to shop in a grocery store that actually cares about your health? Go to [thrivemarket.com/ThatSoundsFun](https://thrivemarket.com/ThatSoundsFun) for 30% off your first order, oh my gosh, you guys, 30% off, plus a free \$60 gift. That's [thrivemarket.com/ThatSoundsFun](https://thrivemarket.com/ThatSoundsFun).

**Sponsor:** You know, I've been on a bit of a hair journey lately and went for a fun fall dark brown hair color, but I never actually have to worry about the health of my hair because [Prose](#) custom care has been a game changer for me. I love it so much. I keep it in both my Nashville and my New York apartments.

Since 2017, Prose has transformed traditional hair and skincare with a made-to-order custom model. They combine the expertise of their team of in-house cosmetic chemists with an advanced AI algorithm that personalizes your formula based on 80-plus unique factors, so you're truly getting a custom-made-for-you product.

Prose also offers custom skincare, so go give that a try too because with the Prose promise, if you don't love your first order, it is on them. So there's never been a better time to switch to custom.

Prose is so confident that they will bring out your best hair that they're offering an exclusive trial offer of 50% off your first hair care subscription order at [Prose.com/ThatSoundsFun](https://Prose.com/ThatSoundsFun). So take your free consultation, get your one-of-a-kind formula, and see the difference that custom hair care can make at half the price, you guys. 50% off at [Prose.com/ThatSoundsFun](https://Prose.com/ThatSoundsFun).

Okay, now back to our conversation with Eddie.

[00:30:07] <music>

**Eddie:** Okay, baseball, we did it. Everybody watch the World Series. I'm just trying to make sure we're tying up all loose ends. Baseball-

**Annie:** Wait, can people tell us on the internet how they would spend \$41 million just for fun?

**Eddie:** Oh, that's of course.



**Annie:** I would love. If y'all want to jump on our Instagram today, we would love to know how you would spend. We'll get Jenna to make a little graphic that says, how would you spend 41 million dollars? There are going to be a lot of altruistic people, which I really appreciate. They're going to say, I would, I would. And we would have to, we would have to.

**Eddie:** Annie, can I just say, you heard me starting to talk, right? You heard me, and then you hopped in. You said, I know there's going to be a lot of altruistic people that dah dah dah. Here's exactly what I was going to say. "And we know you'd buy wheelchairs for everybody." Just be cool about it. Be dumb. What's the dumb stuff?

**Annie:** Yeah, we want you to be dumb.

**Eddie:** We know you're great people.

**Annie:** We would too. We would too. I would finish what Illuminations needs to get the gospel in every language. Of course, we would use a lot of money. We're talking about, what's the dumb stuff you would do with 41 million dollars?

**Eddie:** Where are they at with a Klingon interpretation or translation?

**Annie:** Oh, right. No, I think they're sticking to Earth currently. But Blurry Creatures guys would say-

**Eddie:** That's a mess.

**Annie:** They'd say this is... they are on Earth. So, I don't know, man.

**Eddie:** Oh.

**Annie:** I don't know.

**Eddie:** Anyhow, we'd love to get a public statement from them pretty soon. Their comms director right now is just like, Dude.

**Annie:** And Illuminations, they're like, Annie, please don't do this.

**Eddie:** Hey, we don't even know that dumb guy that you're with, talking on the podcast, but he's not doing us any favors because no, we're not going to translate it into Tolkien, whatever. And we're not going to do the... whatever language they came up with for that. What was that terrible movie that everybody liked?

**Annie:** Oh, I can't wait to hear the answer to this.

**Eddie:** That's all I've got. It's huge. It's about like big fish.

**Annie:** And it's spoken in a different language? If you're talking about Meg or Meg 2, I'm offended.

**Eddie:** No, they were like fish people. Oh, Avatar. Avatar.

**Annie:** Avatar. Oh, you didn't like Avatar?

**Eddie:** It was a little heavy-handed for me. I'm like, I get it. I get it. I get it. Like, it's a metaphor. Treatment of indigenous people, got it. Treatment of the Earth, got it. But then it's like, oh my gosh. And then it's all fish and stuff. I don't know, man.

**Annie:** Yeah. No, I don't disagree with anything you just said. I thought it was interesting to watch.

**Eddie:** The second one where they did that face stuff where Sigourney Weaver is a child, absolutely gave me chills down my spine of discomfort. Like, it was the weirdest thing. Because then she's acting like a kid. She's like, "Come on, guys. Throw the ball." And I'm like, I don't know. It's like when adults do baby voice.

**Annie:** I don't like it. Yeah, I don't like it.

**Eddie:** Like, I feel goop.

**Annie:** Chills of discomfort. I have never had a better language for that than chills of discomfort. A friend of mine is in New York with me this week. We were watching a celebrity dancing on the internet. And she said a version of chills of discomfort. Like, they were doing like videos of themselves. I turned my phone around, I said, "Can you believe this guy's doing this?" I didn't know he was the kind of celebrity that would do a dance on Instagram or whatever. And she said, "I am so... she said a version of chills of discomfort. She's not here. She already left for the day. But I wish I could ask her. But she's had a version of that. But now what she actually had was chills of discomfort.

**Eddie:** Yeah, no, it's awful. It's awful. Okay, well, we got our big avatar taken.

**Annie:** You didn't know you were doing unless you did. Do you know what the highest grossing film of 2022 was?

**Eddie:** Not until I just looked at the list for the first time. Avatar.

**Annie:** Avatar. Your transitions today are just borderline seamless. Borderline weird, though.

**Eddie:** That was weird. I did not know that.

**Annie:** I know. You've done it twice.

**Eddie:** The second Avatar.

**Annie:** Yes, yes. Also, the number one song of the year was *Heat Waves* by Glass Animals. I've never seen either of those words put together like that.

**Eddie:** I don't know any of that.

**Annie:** No. Me neither.

**Eddie:** Nor can we play a clip because... Okay. Everybody, I hope you like that song.

**Annie:** Also, *We Don't Talk About Bruno* is one of the top songs. I love that movie. I love-

**Eddie:** Boy did. That song got... that was an earwormy song. What a great... I mean, it was for good reason.

**Annie:** I'm glad we live on earth when Lin-Manuel Miranda is on earth. I'm so glad.

**Eddie:** Just a new album. Did you-

**Annie:** What is it? Is it going to be a show? Yeah, it's a concept album. I haven't listened to it yet. You know, I'm on book deadline. And so I can't do anything I enjoy except talk to you.

**Eddie:** It's star studded. But star studded with people that you may not know, but some you do like Nas the rapper. But it's a concept album. Front to back. It's a story... Well, actually, I don't know. I'm only halfway through it. I was listening to it on the Metro yesterday. And then another artist, and I don't know her name, I'm sorry, but they created a full concept album that you're supposed to listen to. And there's like interstitials between songs. And then-

**Annie:** Is it gonna be a show. Does it feel like a Broadway show?

**Eddie:** I don't think it is where they haven't said it yet. The idea was we want to make a sonic Broadway play. Of course, it's.... whether you're following the story or not, I mean, the raps are so good.

**Annie:** They're so good. I feel grateful.

**Eddie:** Yeah, we're lucky to be in a time where that kind of... we are though. Like him, Shohei Ohtani. Like there are a few things that are like, historically, this is a... You know, Lin-Manuel Miranda is probably the primary. Like he's going to be a Beethoven-esque figure in the history of music. In 100 years people will be talking about him with a kind of reverence reserved for that kind of like, you know, offerings of art to the world.

**Annie:** Yes. It feels wild to get... In a world where we're voting next week and we can point at a lot of things that feel very hard in the US and globally, of course, I am very... I'm so enjoying our time today of celebrating like, man, I'm glad that me and this person are on earth at the same time. Like I'm so-

**Eddie:** Totally.

**Annie:** Because what Lin-Manuel Miranda doesn't seem to do is the same thing twice. He does not seem to do the same thing twice. And he could. He could have done Hamilton and then done Washington, and then done Lincoln. And he may. He may. He may. But he did not sit on the thing that he knew he could slay at and do it again and again. He went and did Moana. And then now this and so many things in the middle. And he's had, God bless him, He has had things not succeed.

**Eddie:** Oh, yeah.

**Annie:** What a gift to us to also get to watch Lin-Manuel Miranda try a show and it not be a banger.

**Eddie:** And would recommend people listen to this week's episode of *Working It Out* with Mike Birbiglia. He interviews Lin-Manuel Miranda and it is fully about-

**Annie:** How did we do this? How did we do this?

**Eddie:** It's insane. Because if our... Yeah.

**Annie:** I love Mike Birbiglia.

**Eddie:** Yeah. And his show *Working It Out* is such a good peek into the creative mind. And even if you're not Lin-

**Annie:** We will link to it. Lin is the guest this week.

**Eddie:** Yes. And talks about this album and the wine but does also talk about like... Mike really digs in on like, what gives you the... it was almost like he was like, what gives you the right to be willing to fail so spectacularly after making an opus? And just going for it. Even Lin says, this concept album, he's like, nobody even listens to albums. He's like, I'm creating... he said something to the effect of like, I'm creating an eight track in a digital world. This isn't even an art form that people were asking for. He's like, "We knew what was next."

**Annie:** Do you know he is one of the reasons I am committed to recording in person in New York, and having opportunities to record in New York because he is the goal. I want to say to him, are you available right now? I can meet you at the studio right now to record, you know?

**Eddie:** Annie, that's not unthinkable.

**Annie:** I've reached out once. And he has mailed me a letter. Do you remember he mailed me a letter?

**Eddie:** Yes, I remember.

**Annie:** I have his letter framed in my office in Nashville when his movie *Tick, Tick... Boom!*.

**Eddie:** Oh, oh, what a great movie. Andrew Garfield.

**Annie:** Right.

**Eddie:** Oh my goodness.

**Annie:** Andrew Garfield. Andrew Garfield is the star of the internet currently, by the way.

**Eddie:** Yeah. I just heard about it from Emily from that chicken show.

**Annie:** I haven't watched it yet. Again, I'm not doing things that are fun quite yet, but next week I'm going to have a ball. I am just going to have a ball when I'm not thinking about this book that I'm working on. But, yes, when he, when *Tick, Tick... Boom!* came out, part of the PR packaging was a handwritten note. And it's in my office. We'll share a picture of it today. And it says like, "Annie, thanks for always bringing fun to the world." And has his signature. And I couldn't breathe that day. I didn't tell anyone except the guy I was talking to. I mean, everybody at work knew. It was like one of the most precious things that the dude I was hanging out with, I sent him a picture and that was the only person I told for like weeks. Because I was like, "I have this precious thing. Look."

**Eddie:** That is neat. I feel like Lin-Manuel is in your... I could see that. You guys have like a couple degrees of separation, right? He's a generous kind of interesting person. I think it would be like... I think it's well within.

**Annie:** It's not impossible.

**Eddie:** Oh, not at all.

**Annie:** It's far more possible when I'm here.

**Eddie:** And I'm not even saying it would be generous of him to do that. I'm like, no, I think your Venn diagram of influence is overlapping more.

**Annie:** So maybe what I'll do is I'll listen to the album and genuinely pay attention to myself. And if I think we've got to talk about this, we've got to talk about this, I'll reach out to him again.

**Eddie:** Yeah. And if not, then there's undoubtedly... I mean, he's doing this soundtrack to... I forget what the movie is. But he's got another soundtrack coming.

**Annie:** Oh, really?

**Eddie:** I think he's doing more Disney. Isn't Moana 2 coming out?

**Annie:** Oh yeah, Moana 2 is coming out. I would assume so.

**Eddie:** Speaking of Moana 2, 2022, we lost Queen Elizabeth 2.

**Annie:** Oh wow.

**Eddie:** Did you see how I put all the 2's together?

**Annie:** Was that 2022? Really? Gosh, it feels like that has not been that long since she passed away. We say this every time, but everything from 2020 to now is a single year.

**Annie:** It's a year. That's exactly right.

**Eddie:** I can't believe that was... so yeah.

**Annie:** That is wild. Also, as everyone remembers, Lillian makes us this list of things in 2022, our Year in Review fact sheet. And in it, she says the Bear TV show stressed us all out.

**Eddie:** There's so much sweet about that. One that she just called it a TV show. That's just a sweet thing.

**Annie:** Yeah. Also, this is a new category she's never given us. Random discoveries made in 2022. Trees at the edge of the forest grow faster than trees in the middle.

**Eddie:** Wow.

**Annie:** It took us until two years ago to learn that about forests.

**Eddie:** I feel like we didn't even... yeah. I don't even know how somebody thought to think about that. I can't. No, I can't imagine.

**Annie:** Wow.

**Eddie:** God. I mean, that random discoveries in 2022 is great. What others from this list?

**Annie:** I mean, I didn't love this year. It's literally the two chapters of the book that I'm working on that have been the worst to write. But this list is enjoyable. I mean, and this list she gave us, oh gosh, chat GPT released. You know what you and I have not done, and we're going to do this, what do you think about AI?

**Eddie:** I'm not unfamiliar with the dangers of it, but it has absolutely transformed my work. I can't imagine not having that assistant there. Like yesterday.

**Annie:** It helps you a lot?

**Eddie:** Oh my gosh. Yesterday-

**Annie:** I've never opened it.

**Eddie:** Oh yeah. It's less scary than I think people think, but it is like... Like yesterday I put on an AirPods so I could talk and I just... for the way I process, I needed to give a lot of feedback on something that our team is doing. And I literally just hit, listen to me on the little app and said, "I'm going to talk for a while. I need the final product to be an exported Word document that I can share with the team. Here's everything I've been thinking." And I just like speaking into a dictation app just started talking. But I wasn't talking like I'm talking to Siri where it's like, write this down. It was like, I feel like overall the pace of this project is too fast. I think we need to

consider the end user in this. And I just talked. I just talked for 20 minutes. And then I just said, "Now that I'm done, put all these in my voice and make it professional and smooth out the edges so that nothing comes off as unkind or overly critical." And I'm telling you what it spit out was 95%, including it's learned how I write and talk and it was perfect.

So for me, what would have taken me hours to do took me from conception to sending it to my team, 25 minutes that.

**Annie:** Geez.

**Eddie:** Yeah. Where I don't use it is, "Hi, I need to write a blog about whatever. Write like Eddie Kaufholz and give me 200 words on advent." Because that's the part where it's like, I'm telling you, Annie, you wouldn't be able to differentiate it's writing like Annie Downs and you are writing like Annie Downs.

**Annie:** You know, I'm actually have already said to my publisher, I want to put in the intro of this book, none of this book was written by AI. I want people to have to start acknowledging when they have written a book that had AI help in it. So that's one of the reasons I haven't opened it is that no one can even... and when I say opened it, I don't... you said an app. I would have thought it was a website. So that's how much I know.

**Eddie:** It's all that. And you shouldn't. Because it's a little bit of a drug that's helpful not to take when you need it. Like right now, if I was writing a book, I wouldn't want to know ChatGPT because you could absolutely dictate a paragraph to it.

**Annie:** Anybody can... like some really creepy person who's able to get into the history of computers would see that I have never even known how to go to that because I'm like, No, at some point the art we make has to still be made by humans, right? I'm with you on the way it's serving you and reflection at work. But when we're making art, I can't bring a computer into the art making, except it does type for me. I mean, I'm typing and it's putting it on a computer. So I hear myself that we are using technology, but the ideas are all mine.

[00:45:36] <music>

**Sponsor:** Y'all know, we love resources that help kick off our time with God in the morning. And when I find something I love, I want you to know about it too. Have you heard of the [Glorify](#) app? Okay. Glorify is the number one Christian daily devotional app.

Here is how it works. You can start your morning by reading the Bible passage of the day, and then it takes you into their daily devotional and then you wrap up with



an immersive experience called Daily Walk With God. They also have guided meditation. So you can start your day with those two or use them as you sit in the school pickup line or are stretching at night or washing your face. You're going to love their curated worship playlist too.

To end the day, you've also got to check out Glorify's sleep meditations to help you wind down. It is such a simple way to help you calm down before you go to bed and shift your focus towards rest. Join over 20 million people who have downloaded the glorify app.

The Glorify app is free. It is really easy to get started. Just visit [glorify-app.com/ThatSoundsFun](https://glorify-app.com/ThatSoundsFun) right now to download the glorify app. That's [glorify-app.com/ThatSoundsFun](https://glorify-app.com/ThatSoundsFun). It is free. You're going to love it. [Glorify-app.com/ThatSoundsFun](https://glorify-app.com/ThatSoundsFun).

**Micah:** Hi.

**Sarah:** Hello.

**Micah:** Oh no, I was talking to them.

**Sarah:** Oh.

**Micah:** Yeah. We're supposed to be telling them about our podcast.

**Sarah:** Okay, can you start again?

**Micah:** Yeah. Hello, we are Micah and-

**Sarah:** Sarah.

**Micah:** Hosts of the Fortitude Podcast. You may know us from TikTok or Instagram where we love to have fun and bring joy to people.

**Sarah:** But we've also been through some life experiences that have tested and strengthened us as individuals and as husband and wife.

**Micah:** Yeah, like grief, addiction, gay husband, miscarriage.

**Sarah:** And that's just to name a few. But we believe we are called to share about the ways our faith has pulled us through difficulty and the lessons we've learned along the way.

**Micah:** We're going to be answering your questions and having guests on to talk about relationships, faith, mentality, ultimately all the things in life that make up the human experience.

**Sarah:** Because when you're in a tough season, it is so important to know that you're not alone and you are capable of making it to the other side.

**Micah:** You can follow and subscribe to us on YouTube, Spotify, Apple, or anywhere you can listen to a podcast.

**Sarah:** We love you all and hope each week you will come away encouraged, hopeful, and equipped with something that helps you grow.

**David:** Hey friends, I'm David Magee. I'm a little crazy, and aren't we all? I want to tell you about a podcast I just launched. It's called A Little Crazy. I teach you how to manage and channel your mental health issues into strength, recovery, and lasting joy.

What are my qualifications to lead this conversation? I was once lost and lost it all before I learned to manage better and walk confidently against the grain, becoming a bestselling author and change-maker.

I dig deep on this podcast to reveal inspirational stories and valuable tools for management, recovery, and personal insight from the perspective of family. Mental health is a family story, as is recovery and finding joy. From crazy faith to love and everything in between, my entertaining guest and I vulnerably smash the stigma and bring down the walls that hold us back.

I hope you'll join me on this podcast. Subscribe now on your favorite podcast app by clicking "follow", or watch all the episodes over on YouTube. See you soon. See you soon.

**Annie:** And now back to finish up this conversation with Eddie.

**[00:48:58] <music>**

**Eddie:** I think it's one of those things too, where we just have yet to wrap our brains around it because 20 years ago, what you and I are doing right now would have been very weird, right? Our entire process right now is all because of computers.

**Annie:** That's exactly right. You're 100% right.

**Eddie:** It's zeros and ones. We're creating nothing. But it's taken us time to figure out how does the human interact with that. AI and chat GPT is too early. I wrote about it in the podcast like, I don't know, a while ago when it was first getting hot and I purposefully-

**Annie:** In Doing the Best We Can?

**Eddie:** Yeah. Purposefully had it create a paragraph and didn't tell anyone and no one picked up on it. And I said at the end, "By the way, the paragraph about — I don't remember what it was. Like guns and roses or something — was written fully by a chat GPT prompt. And that was to me like, there's a danger here, but also, you know. But not creating original content for work. But summarizing thoughts, I use it all day long. I'm a pretty bad proofreader and editor. I'll have it proofread and make sure I don't send an embarrassing email to a boss. You know what I mean?"

**Annie:** Wow.

**Eddie:** And it's perfect. It's absolutely perfect. What I won't do is have it think for me. It's so good at thinking for you. Anyway.

**Annie:** I heard a celebrity, a guy in movies, on his Instagram, kind of talk about how the things that actors are talking about right now is how do we build our own... how do we get a little bit out of the Hollywood system, build our own studios so that people know... He said, I think actors are going to lose their jobs the better AI gets because they're not going to need to pay us to be somewhere. They're just going to be able to pay us for our bodies standing in one time or whatever and technology taking over.

So he's like, apparently a bunch of celebrities or movie people particularly are talking about how do we build things outside of Hollywood where we are actually making the art. What a wild thing that the decentralization of creation, when we thought a hundred years ago that the actual power was centralizing, creating art in a publishing house or in Hollywood or, you know-

**Eddie:** Well, what this has done to exactly what you're saying is already in the infancy of AI, people cannot tell the difference. And that's the scary part.

**Annie:** Right.

**Eddie:** Right? Like when we introduced email, it was still like, okay, I know this is on a computer, but it's this person's words. It's weird, but it's not scary. This, you cannot... I watched a clip from a podcast that... it was a podcast about AI.

**Annie:** Oh, interesting.

**Eddie:** And only in it did they reveal that the entire script as well as the hosts that I was watching were not real people and they were generated by AI.

**Annie:** Eddie.

**Eddie:** None of it. None of it was-

**Annie:** So what's... this is what we do. Here we go. Seven minutes of serious. You know, Elon Musk creates these robots that are going to help us in our homes. AI is creating him... I know there was a movie about this a long time ago, but like people are going to start falling in love with non-humans.

**Eddie:** I would venture to say Brianne already has.

**Annie:** Well done. You've been doing stand-up.

**Eddie:** I am.

**Annie:** Oh, I forgot to tell you. My dad, Mr. F. Downs was so excited for you that you've been doing standup. He was so proud. I saw him the weekend you told us. I went down to Atlanta. And he just spoke very highly... He always speaks highly of you. But he spoke very highly of you going for it and trying. And so-

**Eddie:** Yes.

**Annie:** Mr. F. Downs says congratulations.

**Eddie:** Thank you. Could you also please reply and make sure that he knows that I also, I think, have successfully cultivated three rose clippings into new rose bushes. I think he'd be tickled by that.

**Annie:** He would too.

**Eddie:** I had to do a couple of rounds of it. I killed a couple of clippings, but I think I got it. And I think he would be tickled.

**Annie:** You're exactly right. Okay. So how are people going to fall in love with robots is my fear. Fear. Whatever. I mean, if I'm getting too serious, it feels like AI is stealing the soul a little bit of being a human of like the risk... I can order a robot that is the man I want to end up with without flaws if I had \$41 million to blow.

And it's going to ruin the soul of risk and vulnerability and all the things that falling in love requires because you can fall in love with something that is not human.

**Eddie:** That's hard, isn't it? Because to a much lesser degree, we haven't even answered questions like to what degree does something like social media replace community, actual interaction. And we're getting more and more comfortable with it. But how isolating was it during COVID yet at the same time, kind of in a weird way, like you and I hung out a bunch, but never saw each other. It was all a computer.

**Annie:** That's exactly right.

**Eddie:** So we were comfortable with some measure of replacement. I don't know. And I don't know like to the extreme where we definitely, definitely, right now, if they wanted to make the technology, you could hop on a Zoom call with a person that is so perfectly tuned for you and makes you feel love, right? It's just like that movie, *Her*.

**Annie:** *Her*. That's the name of the movie. Right. I need to watch it. I haven't watched that or the one that stars Tom Cruise, where the billboards change to what the person wants to see.

**Eddie:** Oh, *Minority Report*.

**Annie:** Those two feel like-

**Eddie:** You know that's a 20 year old movie.

**Annie:** We need to watch those now. But it's here. That's the weird part that... I'm not a futurist. I have no idea. But it is a very hard balance because we used to have a dividing line where we're like... well, at least we kind of know in the *Minority Report*... or there's no definitive article. It's just *Minority Report*. Like it's like, okay, well that person still kind of looks like a weird precog. We know where the computer is. Now we don't know where the computer is. That's the part that I have yet to feel the futurist part.

**Annie:** I know.

**Eddie:** You're asking the question. I'm just restating it in a long way. I don't know.

**Annie:** I don't know either. I don't know either. And the problem is you and I are the adults right now. So we're the ones who have to figure out how do we teach people around us and coming up behind us? I'm having this real interesting experience writing this book, Eddie. This is the one that comes out in February of 26. I have always written

the book like I'm talking to my sister, like I'm talking to someone that I'm sitting right next to and being like, man, how are we going to do this? Here's what we're experiencing.

And this book is very much as I'm writing it. I'm writing like your aunt, not your sister. And I've never done that before. I've never felt like, Hey, come on. Let's go. I am walking somewhere. I want you to come with me. I haven't as intentionally done that before. And I think part of it is age. I think part of it is the length I've been in this career and the audience we have now and that kind of thing.

That being said, what's happening every day is I'm writing like the aunt of everyone who... the aunt of everyone who is listening to us. If I am thinking like that... I'm not your mom. I'm not your grandmother. You know, there's like the Beth Moores and the Joyce Meyers that are in those seats. But I'm your aunt. I'm not the daughter anymore.

And if I'm the aunt, then I've got to figure out how do we teach people where technology belongs and where it doesn't if you want to be a soulful person.

**Eddie:** Yes. And we have to model it. Like, I don't know. I know I have a responsibility to two kids in my house that are looking at me and going, how is he navigating this? You know?

**Annie:** I have responsibility to your kids. If Lucy and Eve see me fall in love with a robot and choose a robot over a human man who is flawed and loves God, but isn't perfect. Like Lucy and Eve need me as aunt Annie to do this well too. Right? So we're all responsible to these next generations to not fall in love with robots.

**Eddie:** But girl, tell me about that robots bot. Because you never know. I mean, I'm not trying to make light of it, but-

**Annie:** Oh, geez. I know. I think about it all the time with AI. I think it's why I won't start is I think I don't know where this ends and I'm not prepared to start this. This feels a little bit wild west and an unhealthy way of like, No one's gotten to the West coast to tell us come over here. There's gold.

**Eddie:** Okay. But listen, here's the weird thing. You have already started. You can't avoid it. AI is a name that we have become familiar with. But computers have been aiding us with their own thought processes for a long time. I mean, Google maps is so smart in considering how you go places. Typically you're driving patterns, what the traffic is. The problem is, is AI as it's labeled now gives us... they've opened up a sandbox for us to pursue it. That I think is like, okay, I'm not going to jump into it.

But my washing machine... LG, no big deal. I mean, I'm not saying we won the lottery yet, but I'm saying-

**Annie:** You have \$41 million but you've got LG washing machine.

**Eddie:** LG washing machine. It sends me a text when the laundry's done.

**Annie:** Mine does too. Mine does too.

**Eddie:** And then it has the best little song.

**Annie:** It does have such a sweet song. We have washing machine twins.

**Eddie:** But it has AI, right? It says it on the front. And when it explains it, it says it senses the weight of it and it senses the moisture content of it and it senses all of these things and makes an informed decision about how to wash the clothes. So the fact that it's not using an algorithm, it's using a decision it already... I think that's part of it is that there are checks and balances in place in some ways that a lot of people are fighting hard to protect.

The writer's strike protected, in a way, us from feeling like we're reading an AI script or watching an AI movie. They're going to lose that battle in some ways. And they probably are in some arenas. But it's the pursuit of it that I think for me, I'm like.. that's why is dangerous because it is an open, easy to use coding platform for normal people. I coded yesterday, create a word document based on these thoughts and edit it and use a tone and read an old blog I wrote and write like that. I coded it by using my voice. That's when it gets weird.

**Annie:** Yeah. Uncle Eddie and aunt Annie here to tell you.

**Eddie:** We are really... I was very high horsing it today.

**Annie:** No. I mean, it's just who we are. And it's what we got to figure out. There are a lot of people in their 20s, 30s, 40s, teens that are trying to figure this out and they're looking to see how their aunts and uncles are doing it. Yeah.

**Eddie:** But I also did a pretty solid lecture on the Shohei Ohtani, a pretty solid lecture on AI. I feel confident. This is what I had to walk into, but this was definitely like, well, uncle, uncle Eddie's gonna, high horse for a little while.

**Annie:** You didn't high horse. You didn't tell us we were doing anything wrong and you were doing it right. That's a high horse. You didn't high horse. If anything, you just

horsed. You just rode a horse. You just horsed. You didn't high horse. You just horsed.

**Eddie:** I just horsed. Just a normal... maybe it was a Shetland pony.

**Annie:** Yeah. Yeah. Yeah. You pony.

**Eddie:** Oh, a mini horse, like a little Sebastian.

**Annie:** You'd buy that with your 41 million,, for sure. There you go. Now you spent another some tens of that. I mean, I think it'd take me a long time and then maybe it wouldn't, especially after we bought all the things that the world needs. I hear myself. Okay, Edward.

**Eddie:** I have always wanted to live next to a Lake. That the idea that I'm not spending 20 million on a house that's somewhere around Lake Louise in Canada, all of a sudden it's going fast.

**Annie:** A \$20 million house is a real house. I bet you could get on Lake Louise for half of that, but you don't have to because you got 41 for this year. That's just this year. You're going to get it again next year if you're a baseball player that does not pitch anymore. All right, Edward, we got to move on with our lives. We're going to do this again.

**Eddie:** This is it. This is October.

**Annie:** We get to do this two more times.

**Eddie:** Well, happy 2022 everyone. I hope you really enjoyed this.

**Annie:** We miss you, Queen Elizabeth.

**Eddie:** Always. Always in our hearts.

**Annie:** All right, friends, go wash your hands.

**Eddie:** Bye buddies.

[01:02:14] <music>

**Outro:** Oh, you guys, isn't he the best. I love talking to Eddie. Make sure you follow him on social media. Tell him, thank you as always for being on the show. And if you



enjoyed this episode, we have a whole playlist of this year's recap episodes with Eddie linked in the show notes for you.

If you got any questions from this episode, I can't imagine, drop them in the Q&A box on your Spotify app if you're a Spotify listener like me or send them to us on Instagram @thatsoundsfunpodcast. We'll try to answer them there. And don't forget to go to our Instagrams and tell us what you would do with \$41 million next year. What would you do?

If you need anything else from me, you know I'm embarrassingly easy to find. Annie F. Downs on Instagram, Twitter, Facebook. All the places you may need me, that is how you can find me.

And I think that's it for me today, friends. Go out or stay home, do something that sounds fun to you and I will do the same. Today what sounds fun to me is watching some of my New York besties, some of my New York MiniBFFs trick or treating tonight. I cannot wait.

Y'all have a great weekend. We'll see you back here on Monday with my new friend, someone you already know and love from *One Tree Hill*, Bethany Joy Lenz. We'll see y'all on Monday.

**Raj:** I'm Raj Nair, host of the Can I Trust the Bible? podcast. Now did the events recorded in the Bible actually happen? Is the Bible trustworthy and reliable? Well, join me on this comprehensive Christian apologetics journey as we talk with experts and renowned apologists to provide compelling evidence that will strengthen your Christian faith. Make sure to follow Can I Trust the Bible? on your favorite listening platform and join me every Tuesday as we discover why you can have rock-solid trust in the Bible.

**Greer:** Hey, I'm Greer. Host of the Unfinished Idea podcast, where listeners and I get to journey together to better understand the neurodiverse world. Together with my husband, we have two boys and two dogs and raising a child with additional needs. Our day-to-day experience isn't being talked about in everyday life, and I see a gap in those leading people who are neurodivergent. Whether you're a parent, a friend, a teacher, or a neighbor, the neurodivergent world is all around us. So this podcast is for you.

I have conversations over a cup of tea or coffee, helping to bring awareness about how neurodivergent people experience the world, as well as families who are raising children with different needs. This podcast will share practical help, tips,

and the joys, struggles, and differences in being neurodivergent or raising a child who is.

Each week, I will spend 30 minutes talking and interviewing others in the neurodiverse space and giving you the opportunity to learn and grow and feel seen and heard by how we interact with each other and the world. Search for the Unfinished Idea in your favorite podcast app and come learn about the neurodivergent world. I'm looking forward to seeing you there.