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**Annie:** Hi friends! Welcome to another episode of That Sounds Fun and Happy Thanksgiving. I'm your host Annie F. Downs. I'm so happy to be with you today. Thanks for bringing us along as you drive to your family's house or run a 5k or get your Thanksgiving meal ready. I, today, am thankful for you.

It's been 10 years of getting to bring you conversations with my friends and every email you've sent us, every review you've posted, which helps so much. Thank you. And every comment you've left means so much to us. Thank you for coming along this journey with us. And if you missed our celebration episode of 10 years of That Sounds Fun, go back and listen to it from Saturday the 23rd, because our pal Eddie was on that one too.

Before we dive into this conversation, though, I want to tell you about one of our incredible sponsors. This show is sponsored by [BetterHelp](#). One of the things I'm grateful for this year, and honestly, every year since 2013 is counseling. It is so helpful to have a person in your life who can help you zoom out and process what's really going on in and around you. And my counselor has definitely done that for me this year. What a gift!

As we get closer to the end of the year, and you need to look back on how this year was for you, it would be a great time to give BetterHelp a try. It's done entirely online so it's super convenient and flexible to your schedule. And getting started is so easy. You just fill out a quick questionnaire—Y'all know we love a quiz—and you'll be matched with a licensed therapist. Plus you can switch therapists anytime at no extra cost so you can make sure to find the right match for you.

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**Intro:** Today on the show for the 11th time this... Well, 12th time this year, if you count Saturday's episode, we get to talk with our buddy Eddie Kaufholz. Y'all know we've been recapping each year of the past 10 years with Eddie. And can you believe we made it to recapping 2023, like last year? We started with 2014. So if you missed any of them, we have a playlist of all the previous recaps with Eddie that you can find in the show notes. And of course, at the end of this year, we will close it out with Eddie and recap 2024.

But for today, here's my conversation, potentially recapping 2023, but really just talking and catching up with our friend, Eddie Kaufholz.

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**Annie:** Eddie Kaufholz, happy Thanksgiving.

**Eddie:** Foreign to us the Turkey is born.

**Annie:** How long has that been cooking in your oven? Because that is good. That is very good.

**Eddie:** I put that in early this morning. I started brining last night.

**Annie:** That was so good. That was so good. Well done you. Have we ever done a Thanksgiving day show?

**Eddie:** Have we ever done a day of... like have we ever released on a day? We've done like around. But have we ever done a thing on a day?

**Annie:** We have done days before. I'm sure. I mean, we did a Christmas gala. Gala.

**Eddie:** Gala. That was huge. I still get adrenaline when you talk about it.

**Annie:** It was great.

**Eddie:** And I was thrilled.

**Annie:** But I'm not sure we've ever done an actual exact holiday.

**Eddie:** Okay. So let's peel back the curtain a little bit. I'd like to know what you're doing. What are you doing today? Or is that too personal?

**Annie:** No, I'm happy to share.

**Eddie:** Can you give us from morning until... give us a whole thing.

**Annie:** Sure.

**Eddie:** I love Thanksgiving.

**Annie:** Happy Thanksgiving day. We will wake up and we will watch the parade. We will put it on. Because I think you may recall last year we were in New York. My entire family came to New York and we saw the parade live standing at the starting line. I think I've told you this. But when I picked the first apartment I lived in in New York, I literally... it was down to two Airbnbs. Airbnb is not legal anymore. It was

down to two Airbnbs and I literally felt like the Holy spirit whispered, "Check the parade route." And I checked the parade route and one of them was sitting on the parade route. And so that's why I picked it.

**Eddie:** The Holy Spirit whispered, "Check the parade."

**Annie:** I'm just saying.

**Eddie:** Snoopy.

**Annie:** Yeah. Yeah. Yeah. I just felt like an invitation from God to check out something that I cared about. Because I think I've told you this, but I'm going to say it again. The only people who could stand on my street that I lived on, I lived on West 76, you can only stand on West 76 if you have a West 76 address or if you're NYPD.

**Eddie:** What does that mean? How do you mean?

**Annie:** People who don't live on the street. Can't come stand on that sidewalk on Central Park West. You can only stand there if you're NYPD families, or if you can show your address is on that street.

**Eddie:** Hold on.

**Annie:** Okay.

**Eddie:** Can we come stay with you some year?

**Annie:** I don't live on that street anymore.

**Eddie:** Oh, right. That's why you just gave out your address comfortably.

**Annie:** That's right.

**Eddie:** I'm just missing big details. I thought I had a real revelation here.

**Annie:** I know.

**Eddie:** So last year that's where you were?

**Annie:** Yes. Yes.

**Eddie:** Okay. Magical.

**Annie:** And so literally we walked out my door and walked 20 feet and we're standing at the start line of the parade. Like my sister yelled hi to Jimmy Fallon like she knew him. I mean, she was insane.

**Annie:** Oh, Jimmy Fallon, happy Thanksgiving. I was like-

**Eddie:** I'm going to say I don't even know which sister you're talking about, but I know exactly which sister it is.

**Annie:** Of course you do. Yes. Of course. I mean, she just was living for it. So we're parade people. We loved it. Seeing it live last year was a ball. The weather was perfect. It is not something I would do every year. I'm glad we did it once. Given the chance, I probably... I mean, honestly, the reason we aren't back in New York for Thanksgiving this year is we were kind of like, "That went perfect last year. Let's never do it again."

**Eddie:** Isn't that when something's so perfect? Like-

**Annie:** Have you done that before too?

**Eddie:** Oh, I feel that way about Greece. Bri and I went on a trip to Greece, I don't know, 15 years ago and I'm like, I don't think... even if we did it day by day, beat by beat, it just couldn't jumping off the boat into like the clay thing and eating octopus that was just for caught. Like these little memories that are like, it'll never be that big. And it holds a perfect thing. So this year, up with family.

**Annie:** Up with family.

**Eddie:** Hanging out, watch the parade.

**Annie:** We'll watch the parade and then we will get to cooking and we will eat and kind of do, I mean, maybe go on a walk. I think we'll go on a walk. We usually do some sort of movement. It is the smallest gathering of our family because we don't do any extended family on Thanksgiving.

**Eddie:** Ooh, that's kind of nice. I mean, not that it's better or worse, but it's the group.

**Annie:** Yeah. Because our Christmas is like 20-plus. A lot of people's Christmases are big. I actually love... I mean, I think everybody loves it. But Thanksgiving everybody... cousins stay where they live and nobody really travels on Thanksgiving except me.

**Eddie:** That's sweet.

- Annie:** Yeah. What do y'all do? Tell me what a Kaufholz DC Thanksgiving looks like.
- Eddie:** All different this year. So it's all very different than we've ever done. I'm going to blow your mind with something. So we are going to... we usually, it's the same kind of thing. Get up, watch the parade, bagels, right? Cook, hang out, play outside, do the thing, right?
- Annie:** And just the four of y'all.
- Eddie:** Or family. That's a little fluid. Historically four plus some family. Uncle Jimmy sometimes Bri's parents, my parents. Nobody this year. But here's a different thing. You hear me hesitating. I don't know when to blow your mind in this story. So do you want it at the beginning or the end?
- Annie:** Uh, that's tough.
- Eddie:** I know.
- Annie:** I want it at the end. Give us a big setup. Give us a big setup.
- Eddie:** Okay. So Emily, you know, our dear friend, Emily got married earlier this year. Emily and Chris. They invited us over to their house Thanksgiving morning for like a little breakfast thing. And they're like-
- Annie:** That's sweet.
- Eddie:** How cute is that? Because they'd never done that. It's newlywed stuff. So we're going to go over there and it's like all cute. So we're not getting up and doing the parade and all of that. And we had to like-
- Annie:** That means just get up and get dressed.
- Eddie:** Yes. Except they're not that kind of friends. I'll just be wearing maybe a pair of casual cute joggers, maybe a cute shoe and certain and probably a Notorious B.I.G shirt, I think is where I'm going to end up.
- Annie:** Okay.
- Eddie:** But it's not like fans. Go over there. It's me. Chill. They're going to insist we bring nothing. They just got a cat. It'll be fun. They're like green light-
- Annie:** Do you bring Waffles Kaufholz as well then? Cat play date. Does that happen to cats at play dates?

**Eddie:** No. Cats don't really travel like that. Waffles would be infuriated. Nor will we... Yeah. We probably won't bring... Yeah. And I don't think we'll bring Higgins. Waffles will gladly say goodbye to us and have the house to herself and get to sleep under the beds and all of that kind of stuff.

Then we come home. And then it's kind of weird because we don't have family in town. It's just the four of us. And we're like, are we going to make like Thanksgiving? Are we going to do like a whole...? I think we are. But also am I going to smoke a whole Turkey? I don't know. Maybe. But we'll see. We're kind of verdicts out on that.

But by chance when you're watching Macy's, do you ever watch the dog show afterwards?

**Annie:** It usually stays on. I'm not sure we actively watch it.

**Eddie:** Okay. You should pay attention because in the audience you may see Edward Kaufholz, Brianne Kaufholz, and Eve Kaufholz.

**Annie:** Well, why not Luc?

**Eddie:** A punishment. No. She's at a little camp that weekend. She's at like a middle school where you kind of-

**Annie:** Wait. Wait. You're double-blowing my mind because not only are you telling me that you're going to be in the audience, you're telling me that's not live.

**Eddie:** No, no, no. It's recorded. It's recorded November the weekend... That's why I'm saying it because I won't actually be there. I will have been there. It's recorded to... You know that I have a pretty hard time with time and it's a real fluid thing. So I'm going to tell you this, that it's recorded somewhere inside of two weeks ago in Philadelphia. And Philadelphia-

**Annie:** Y'all are going to Philadelphia for this?

**Eddie:** Oh yeah. Oh yeah. We got like a little hotel or Airbnb thing. So Eve loves animals. There's been a Kennedy phase, right? We all know this. A president phase. We know this. Dogs and cats and horses have been... from the moment she learned the language until this morning before she left for school, it is the focus of her existence. The Philadelphia dog show, but it's called the... something. It's like the national dog show. It's the only dog show in the world where beforehand you can

walk around to where all the dogs... you remember *Best In Show* and they're grooming the dogs?

**Annie:** Yes.

**Eddie:** That's a totally open paddock. You can go see all the dogs.

**Annie:** Incredible. I had no idea.

**Eddie:** So normally it's just like you walk in, you sit in the stands and out they come. This one, you show up there at eight in the morning and you see them getting groomed and you see all the breeds. And like the rumor is that some of the owners want you to help socialize their dog to calm them down. So you can pet the dogs.

**Annie:** How did y'all get these tickets?

**Eddie:** They are readily available and incredibly inexpensive.

**Annie:** Really?

**Eddie:** I think most people have an interest not moving after Macy's, not making their way to Philadelphia in November. You know what I mean? So check the audience. I will likely be in a pair of joggers and a Notorious B.I.G. shirt.

**Annie:** I am blown. You're right. You blew my mind. You double-blew my mind by telling me that wasn't a live experience and by telling me that you will be in the audience.

**Eddie:** Right. So we will then come home on Thanksgiving morning.

**Annie:** Oh my gosh.

**Eddie:** We will have TiVo... Not a TiVo. But you know, recorded. Well-

**Annie:** But thank you for that, for saying TiVo. I mean, I'm going to write that down because I haven't thought about that word in so long. I want to look at it again.

**Eddie:** Do you remember the sound of TiVo? I can like hear it. Ptdu ptdu ptdu.

**Annie:** Yeah.

**Eddie:** How did you do it? What did your TiVo...?

- Annie:** Prrr prrr prrr. That's right. You're exactly right. Okay. That's awesome. You need to tell us exactly... My hope is that people are listening to this they may have already missed the... because my guess is people are popping us in their ears while they're getting everything ready.
- Eddie:** Just rewind the TiVo and look for-
- Annie:** I wish I knew what you were wearing.
- Eddie:** I mean, I could plan my outfit now and I'm going to tell you. I'll plan it now. I'm going to wear a pair of like effortlessly cute... what are those pants that are like... they look like khaki pants, but they like-
- Annie:** Chinos.
- Eddie:** Yeah.
- Annie:** Okay.
- Eddie:** And then I will wear a denim shirt and probably a shacket.
- Annie:** Can I make an observation? You have retired your one black shirt.
- Eddie:** I have.
- Annie:** Why was that? You used to have 10 of one shirt and you've really expanded into other things. Is there a why?
- Eddie:** There's a couple of whys. First of all, they were getting pretty dingy and I was about to spend money and I was like, "I don't think I want to..." It actually started at your live show. Because I was like, "Brianne, what do I wear to this thing?" And she picked out a whole outfit. And I was like, "I like this. I like this denim dress shirt and these green pants. Why aren't I wearing this stuff?" And it's always fantastic. So that's where I kind of switched it up. I still have a black shirt too. Plus they're a little big. I'm trying to get a little healthier and they're just a little saggy. So.
- Annie:** Great.
- Eddie:** Anyway. So look for us in the audience. We will very likely be there.
- Annie:** That is unbelievable.

**Eddie:** I will definitely text you, if your parents haven't heard this, what dogs win so that you can make the call.

**Annie:** Oh my gosh. I can be like, like-

**Eddie:** Like, Oh my gosh, that'd be John freeze day.

**Annie:** Does Lucy have over under emotions about not being there or is she kind of like-

**Eddie:** Yeah.

**Annie:** Yeah.

**Eddie:** She's also excited about her camp and she's excited about everything. She is a person who would like to be at all the places and see all the things. I totally get FOMO. Actually, I don't get FOMO because I don't really feel it that often, but I get it on behalf of her.

**Annie:** It is my constant companion. It is like have loneliness and FOMO live with me, like emotions from inside out. They are just part of my life.

**Eddie:** Just dark passenger.

**Annie:** Yeah. Yeah. Yeah. Like if you saw my desktop brain, like an inside out, FOMO and loneliness also are there all the time. It's great.

**Eddie:** Can I ask you about that or do you want to talk about it?

**Annie:** Sure. Yeah.

**Eddie:** Do you find things that you're missing out on that were never on the cards or is it like in the moments when you have to choose like, oh, I could go to this friend's house today or that friend's house?

**Annie:** The interesting thing about my personality that may be an Annie only, or it may be a lot of people... Lucy may be able to say this too. So you'll have to ask her. It is that wherever I am, I have chosen to be there and that's exactly where I want to be. And there are always three other options in my brain.

**Eddie:** That's right. I understand.

- Annie:** And so it's just always like, well, I am so glad I'm doing this. I could be on my couch. I'm going to dinner tonight with two girls here in New York. I'm in New York when we're recording.
- Eddie:** Oh my gosh. No big deal, Samantha. Have fun.
- Annie:** Yeah. Yeah. Yeah. Yeah. Certainly. I'm so happy I'm going to dinner with them. There's a little FOMO that I'm not sitting on my couch and doing nothing. There's a little FOMO that I'm not seeing a Broadway show because I have only a couple of days left. There's a little FOMO that I'm not... you know? So that always exist.
- Eddie:** You live in a fairly vicious FOMO city right now, by the way, where you're always... you could be invite only at the Met Gala dressed up with Ryan Reynolds on your arm and you're still missing out something on something else.
- Annie:** That's exactly right. It's very interesting. I went to a restaurant last night because of this one delicious thing they have and they've changed their menu.
- Eddie:** But do they not...?
- Annie:** Can you imagine? What would you have done?
- Eddie:** They don't have it anymore?
- Annie:** They don't have it at all. And they're never going to have it again. I said, "I'm sorry. I came here for one thing." And the guy said, "It's not. We changed the menu last week." I said, "I was here 12 days ago. I had it 12 days ago and you couldn't have told me it was leaving." What would you have done?
- Eddie:** It was 10 years ago, Bri and I had a taco in Tampa right before we saw Chris Stapleton. And I think about that taco once a quarter.
- Annie:** I know.
- Eddie:** When I want a taco, I think I want that taco and the restaurant doesn't exist. I have done extensive research to see if the owners opened up a new place. It's just poof.
- Annie:** Gone.
- Eddie:** I mean, it was the taco of my dreams.
- Annie:** I know. And so then what I almost did last night, because my friend I was eating with is from out of town, we almost stood up and went somewhere else. Because I

was like, "I'm about to waste this experience on a restaurant that does not actually have what I want, and there are nine other that we can see from this door."

**Eddie:** And they could serve you Michelin grade... the best thing. They could blow your mind but... What was the food? Can you?

**Annie:** Yeah. You're going to love it. I don't always necessarily say this word correctly. So forgive me. Birria. The meat at a Mexican restaurant that's like... I think it's pork or beef. It's kind of French dip style meat, but it's with Mexican flavors and it is tater tot nachos with Birria on top.

**Eddie:** See that's-

**Annie:** Bro. Unbelievable.

**Eddie:** That is worth getting up and just flipping the table over and going like, "I can't even-

**Annie:** Yeah. I was like, "Sorry, silly me, I can't find..." And he was like-

**Eddie:** There's no plan B. You got to just do a palate cleanse and be like, all right, we go get sushi. We go pizza.

**Annie:** I know. All that to say, Lucy's FOMO resonates deeply in my spirit because that is my whole life. And the good news is maturity teaches you that FOMO and loneliness are not to be feared or to be satiated or to be dealt with. They're just companions. And so you don't really let them drive anymore. They just are companions that are going to be there. And sometimes when they're louder, you pay attention. And sometimes you don't.

**Eddie:** Companion. That's a killer. When do you feel like you start kind of accepting that? Is that an age thing or counseling thing?

**Annie:** Oh yeah. I don't know that I'd gotten there by myself. I mean, it's probably been... do you know, I think it's one of the ways the pandemic actually helped me. It was a devastating, terrible thing to have on the planet. A good thing that came for me as I learned how to be alone.

**Eddie:** Oh yeah.

**Annie:** And so loneliness just didn't get to make me move like it had previous because you couldn't. And there was very limited... and no one was doing anything else. So the FOMO really dialed down because everyone was doing the same thing. They were

just doing it by themselves. Everybody was at their house working on puzzles and listening to Andrew Peterson read his book out loud on Facebook every night. Everyone was doing this.

And so it removed my need to satiate the loneliness and started me understanding that when I don't do anything about it it sits there quietly. But it stays there, but I don't have to treat it like it's alarm on my dashboard. It's just a light on my dashboard.

**Eddie:** I mean, that's, that makes sense because it's the inverse. It's like joy and sadness on inside out. Like it's sitting with a very wonderful thing, which is a desire to be with people and to connect and to be together and to be all of that. And you can't divorce those things, but then it's a hard thing to just learn to sit with that. Because my instinct is to satiate, escape, push away, do anything to make any of the feelings go away. I want the bad ones to go away.

**Annie:** That's really interesting. Because I kind of thought that some of the personality types of people that... Well, I don't want to Enneagram type everyone. So I'm not saying that. But I thought you were better at sitting in sad feelings than I am. I think you are.

**Eddie:** I think so. Because as a four, for what people know of that, but like, yeah, I don't know that it's... there's a difference between sitting in seriousness or sitting in like weighty things versus sadness, like feeling of sad.

**Annie:** Oh, interesting.

**Eddie:** I can watch a drama all day long. In the middle of a work day, when I've got a 30-minute window, I can read the darkest frigging book on earth while I'm eating lunch and it just was like, "That filled me up. Cool. Let's get back to it." Like Eve and I were talking last night, she's like, "Do you watch a lot of comedies?" I'm like, "No." She's like, "But you like to be funny." I'm like, "Mm-mm. I mean, yeah but I like... if I want a good chunky, sad drama, that's the... there's a piece of it that's like my being connects to it. But the passenger is like darkness. The passenger is like anxiety and depression.

And that's not true for all fours. That's this four. And so that kind of anxiety and depression is the thing when it becomes not a passenger and a little bit more of a... you know, sadness, take the wheel kind of situation. That's when we get into some escapism kind of things. I don't think I explained that well, but I-

**Annie:** No, it's totally different.

- Eddie:** ...feel the difference. No one would understand me though because I'm so special.
- Annie:** That's it. Nobody gets you. You're one of one.
- Eddie:** Even if there are other fours out there, nobody...
- Annie:** They aren't like you.
- Eddie:** We're not the same.
- Annie:** No. You're drinking some of your coffee. I have my tea right here beside me. I need to bring something up. I got creamer from the grocery store that is part coconut and part almond milk, and it separates in my tea every day.
- Eddie:** Booze.
- Annie:** Right. Can I just throw it away? I know that's so wasteful, but I don't think there's something wrong with it. It's kind of oily or something.
- Eddie:** Here's the issue. It's just two plants finding their own home and it's okay. Right? They both are like, we were never meant to be together-
- Annie:** And we weren't meant to be milked.
- Eddie:** No. And in no ecological situation are we cohabitating. And they're both just like, well, I mean, they stirred us up and now here we are. So I guess you go to that side of the cup-
- Annie:** "And now they just put some tea and we don't like that. So separate."
- Eddie:** That's another thing we weren't even close to. So you're drinking three things that were never... The problem is milk came a long way before them and spoiled it and taught us that if the liquid is separating, you've got poison in your glass.
- Annie:** That's right. That's right.
- Eddie:** And your brain cannot go, "This isn't poison. This is just sometimes I'm drinking coconut. Sometimes I'm drinking almond." All your brain is going is poison.
- Annie:** Curds and whey. I have just been Little Miss Muffet and I think it's separated in curds and whey.
- Eddie:** Little Miss Muffet. I haven't thought of that forever. What is that? Set on a tuffet?

**Annie:** Eating her curds and whey. She literally ate cottage cheese and the liquid from the cottage cheese. Right?

**Eddie:** Yeah. I mean, that's what it is.

**Annie:** Cottage cheese is curds. And isn't the whey the liquid off of cottage cheese?

**Eddie:** Also get a vegetable.

**Annie:** That's something no one can know.

**Eddie:** Again, we've hit upon a mystery. How many grams or whatever are in a gallon or whatever it was last time.

**Annie:** A difference between a buffalo and a bison. We keep bumping into problems that absolutely no one could solve for us.

**Eddie:** No. We need a... What's that guy that's really good at science? Bill Nye, of course.

**Annie:** Bill Nye.

**Eddie:** But I was thinking of Tyson or... What's his name?

**Annie:** Tyson. I don't know. I don't know. When you say scientist, I say...

**Eddie:** Neil deGrasse Tyson.

**Annie:** Oh, Neil deGrasse Tyson. Like from NPR? Isn't he on NPR?

**Eddie:** I think so.

**Annie:** Maybe he would know the difference between curds and whey.

**Eddie:** But neither one of those guys are our guy. You and I are the same age. Who's our guy?

**Annie:** Bill Nye. He is the guy.

**Eddie:** No. Pre-Bill Nye. Nickelodeon, Mr. Wizard.

**Annie:** Oh, Mr. Wizard, man. My sister loved that show and I did not. But yeah. What has happened to Mr. Wizard? Well, RIP, I bet, because he was old when we were watching him in the 80s.

**Eddie:** Yeah. Unless he has found a wizardly way to cure death, he's out of here.

**Annie:** Wow. Mr. Wizard on Nickelodeon. Okay. This makes me also think yesterday, my friend Kelly Hampton shared this Instagram. She sometimes shares like 10 things I've saved to share on stories. And one of them was the Today's Special, that TV show from Canada when we were little where the mannequin... after they closed the store, the mannequin comes to life. Do you happen to remember that show? Today's Special.

**Eddie:** Oh my gosh. Yes.

**Annie:** The deep dive of 80s kids television.

**Eddie:** Oh. I've had one in my head. It was a commercial and I only have like a... oh, this'll help because I can't Google it. I've tried to Google it.

**Annie:** Okay.

**Eddie:** Okay. It was a commercial where you could order this thing and came in a little green bus, like a container that was a green bus. You would get the bus first and it would have all these cards in it. And then it would come to your house like it was a subscription. And then the commercial was always like the actual green bus, but with a bunch of stuffed animal kind of characters riding away in the bus, like different animals.

**Annie:** And you get cards. Yes.

**Eddie:** And I just remember thinking, "All I want is that bus and those cards." And I asked my parents for it a million times and they were not on board. And probably for good reason. It was likely either very expensive or something... you know, some sort of like brainwashing from Utah or something that I don't understand. But it was absolutely... Do you have anything? Do you know what it is?

**Annie:** The image I have in my head is when Aladdin goes into the gold mine, like goes down into the... so like in the back corner of that in me is this memory, but I do... I cannot pull it up yet.

**Eddie:** Oh yeah.

**Annie:** Like in the back corner of the bottom of the basement of myself is this memory, and I am going to think about it for the rest of Thanksgiving day.

**Eddie:** Oh, I'm absolutely like, I'm just like... I'm going through and I'm like picking up a book and blowing it off. And it's like, Oh, that's the plot to connect for or something.

**Annie:** Yes. The bus and the car. Yeah.

**Eddie:** Is it sweet pickles?

**Annie:** That doesn't get me there, but I'm writing it down in case. I can't wait for everybody to help us.

**Eddie:** I'm on pretty valuable air time and I feel like I should make us move past it. But I could sit here all day and try to think of that. But anyhow, that was-

**Annie:** I know. We will think of it. We absolutely will think of it in time.

[00:28:11] <music>

**Sponsor:** Okay, friends, I have to tell you about something that has seriously changed my hair game, [Prose](#). If you've been following along, you know, I recently went a little darker in my hair color for fall and winter, but the real magic, the health of my hair, I don't have to stress about it because Prose has this custom care system that has totally transformed my routine.

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**Sponsor:** This is the time of year where we start to tell ourselves we'll get back on track with our spiritual disciplines in the new year. And I get it. This month is so full of all the things, but I know when I feel disconnected from God, I feel disconnected in a lot of other areas of my life too. That is so profoundly true about me. So even the simplest thing that helps me spend some time with him are so, so worth it.

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Okay, now back to our conversation with Eddie.

[00:31:58] <music>

**Annie:** How are we going to do this? Because we have 2023, but I also have a question about something. I actually have a full list that I'm just going to save for the next time too.

**Annie:** I mean, let's go with the list. 2023 was a minute ago. We need to recap it to the degree of like... I mean, it's like the Barbie Oppenheimer summer. People are still living in that.

**Eddie:** But I do want to say real quick, it is important to me to know, of your world 2023, Here For You tour, Let's read the gospels. Because I know you're not just going to go through all this stuff. But I think that this is really important.

**Annie:** Yeah, we made some good stuff that year.

**Eddie:** Wall Street Journal article. That was a good article. That's where you had that fancy dress on.

**Annie:** Yes. It was a really kind of-

**Eddie:** Who did the photography on that one?

**Annie:** His name is Joseph... Oh, I can't think of his last name. We'll link to him though. But he's unbelievable. He also did the one they see... the graphic for the podcast is also... we did a second photo shoot with him because he was so good.

**Eddie:** That guy has a good palette. Like I like the way he paints with natural color, but it was really... I remember that Wall Street Journal going like, Oh, it's like a business thing, but also still... That was neat. What are your feelings about robes? Because I have huge questions about them.

**Annie:** Great. This is great.

**Eddie:** I've never had a robe.

**Annie:** You've never had a robe in your life?

**Eddie:** No. And there's a reason.

**Annie:** Okay.

**Eddie:** Because usually when you go to a hotel and I put on a robe, it's like meant for not me and it will stop right there.

**Annie:** It's a two-thirds experience. Yeah.

**Eddie:** But do you use a robe?

**Annie:** I love a robe. I have winter robes. I have summer robes. I have robes for the seasons. I love it. Here's the other difference. When I get out of the shower and I have to dry my hair, it's a warm experience drying your hair. And if you get your clothes on right after and dry your hair, I will be sweaty in my clothes. And so something lighter that's like an in-between between towel and fully dressed for the day keeps me from getting makeup on my clothes or getting sweaty while drying my hair.

**Eddie:** I'm trying to understand framework-wise. Are they a wearable towel or are they after-shower clothes?

**Annie:** This is a great question because there is a terrycloth version that is a wearable towel. And that is hot. That is not my spirit.

**Eddie:** That's a bridge too far.

**Annie:** Yes. And now I do have one really cozy, warm winter robe that I will like put on when I get up in the morning and I go make my tea, and like, I'm sitting to read. I will put that on over my pajamas because it's like a blanket with armholes.

**Eddie:** I see.

**Annie:** Right? So it's a snuggie of sorts.

**Eddie:** Okay. And I have another question that I'm not going to ask you, but that is in my mind that I don't want you to answer.

**Annie:** Okay. I will not answer.

**Eddie:** Can we preface with that?

**Annie:** Yeah. I will not answer this. You get out of the shower, you dry off with a towel. The towel goes away. Do you go directly to robe or do you put on a little bit of clothing before the robe? And I don't want to know, and I don't want you to answer. But that's an answer that I have... I will put on something because there's just no way in the world I'm wearing a hospital gown around the house.

**Annie:** Sure.

**Eddie:** But I feel like that's the answer is I'm going to have to put on a little something, not like a full shirt and whatever, but maybe a little something.

**Annie:** I think this is a personal journey you should go on where you experiment, where you get the robe you want, not the robe you need, but the robe you want, get the robe you want, and then just do some options of what happens between towel and clothes, fully dressed clothes, and see what feels the most like you.

**Eddie:** Because that's the issue with me is that if I'm clean and then I'm putting on some clean clothes, let's say undershirt and a pair of basketball shorts, let's just keep it there, right? Those are both clean. If I put on a robe that I wore yesterday and the day before, am I not then soiling the entire...

**Annie:** That's an interesting thing.

**Eddie:** That's when I don't know what a robe is.

**Annie:** Well, the question is, is a towel ever dirty, or is a towel just clean because you only use it when you're clean? Right? Towels are dirty. You need to wash them because of the water content. But robes do not experience humans in a dirty form. Robes experience humans in a dry, clean form.

Now my robe does get makeup on the collar. Or if it's a spray tan, you've got a whole other situation you're dealing with.

**Eddie:** It's going to be a problem.

**Annie:** You've got to wash that robe immediately after spray tan day. But mostly I wash my robe when the makeup has impacted the collar.

**Eddie:** I understand. I understand.

**Annie:** This is also a difference in our lifestyles, because I live alone. Are you planning to wear your robe outside of your inner sanctum, outside of your bedroom bathroom?

**Eddie:** This is the whole necessity for a robe. Because normally I find them... I've never felt a need for them. But like we have this tiny bathroom downstairs. That's kind of a bathroom that I use. And it's down the hall from where my clothes are. We used to, in our old house, have a bathroom where I would bring all my clothes in, put them on this nice little table, dry off, get fully dressed, come out of the bathroom dressed. Or at least very close to fully dressed. And it was just like a singular thing. But now I feel like I'm bringing clothes into a bathroom that just doesn't have a place for it. It just feels like I need to go back into the room with the clothes. But I don't want to just like do what I'm doing now, which is I just kind of like wrap a towel around-

- Annie:** And run?
- Eddie:** And check left, check, right and see if anybody's around and, you know, do like a little like dgrr dgrr dgrr down the hall kind of run. Like a cartoony run.
- Annie:** A hundred percent. I wonder if there's a lightweight waffle fabric robe that goes to knee length. And I think you can decide what happens between towel and robe, but it also gives you a more leisurely... you can retire your cartoon run in this scenario. Don't retire it altogether because you never know when you need it. But retire your cartoon run in this scenario and see if a robe helps. Because then technically you can take off your dirty clothes before you leave your room.
- Eddie:** That's what I'm saying. That's what I want is I take off the clothes in the room, robe on. So no problem walking down the hall just in case...
- Annie:** "Gals, I'll be in the shower."
- Eddie:** Right. "Be right back." But I'm not gonna live in this robe. Like I'm not coming up Christmas morning with the robe on ever.
- Annie:** No.
- Eddie:** This is a transportation thing or I'm home alone and I'm a little lazy. I need to put my clothes in the laundry or something, but this is a...
- Annie:** A transportation robe is exactly what you need. You do not need a lounging robe. You need a transportation robe. That's very available to you on Amazon. And for not expensive. You don't have to get a classy transportation robe. Just get your basic Amazon transportation robe and check the link because you want to make sure it still doesn't make you... If you buy one that the length requires the cartoon run, you might as well not have bought a transportation robe.
- Eddie:** Oh, Annie, you are funny. That is great. Great robe insights. I've had a feeling you were a 100% on this.
- Annie:** Oh, I just love them.
- Eddie:** I had a feeling you might know a robe.
- Annie:** I love them. And also remember that I FaceTime my four-year-old nephew approximately every single day while I get ready. And so I don't have the option of not being robed, right? Because I'm talking to my entire family on FaceTime.

**Eddie:** No, right.

**Annie:** And so...

**Eddie:** You need a transition clothing and this is that.

**Annie:** That's right. It's a transition clothing for me. It's a transportation clothing for you. I think you're going to really love it. It feels regal, especially if you are thoughtful of the colors. My New York robe that is the exact same robe I have in Nashville, the same Amazon one. We'll share the links. I have a teal one here. I have a flat floral transportation robe in Nashville and it is so regal. It is just...

**Eddie:** It makes you feel good.

**Annie:** Yeah. It feels like you're really doing it. You're really doing grownup.

**Eddie:** Yeah. And it's cold and we live in an old house. So the house is warm, but it has that like... When you're taking a shower and getting ready for work at like 7 a.m. and it's just a little drafty, I want to...

**Annie:** It's got the nip to it.

**Eddie:** I just want a little help.

**Annie:** Yeah. So, I mean, there's also a world where you get a heavier robe, but I'm thinking you're saying you don't want terrycloth. You don't want it to feel like a towel.

**Eddie:** Terrycloth to me blurs the line. I think the heaviest I would go for robe two possibly would be the L.L. Bean flannel one. I want the one that's standing out front, dad with a cup of coffee in the snow with the dog and there's the flannel and then the full pajamas underneath.

**Annie:** Eddie, what if this is your robe winter? What if this is your robe winter?

**Eddie:** Right. My second robe is not a transportation robe, but a warmth robe. You need your transportation that nobody's ever going to see. You need your winter robe for family photos, for doing an Instagram story on that first big snow of the year in D.C. All these kinds of things.

**Eddie:** Yes. Yes. Yes.

**Annie:** Yeah. You need a winter robe.

**Eddie:** I need a winter robe.

**Annie:** Because there's also the cutes of like, could all four of you get the same L.L. Bean winter robe?

**Eddie:** Precious.

**Annie:** That's adorable. When families robe together, they stay together.

**Eddie:** Stay together. Jinx. Pinch poke.

**Annie:** I mean, there are people today who are on this actual holiday that are probably robed up. Just starting on that cinnamon rolls.

**Eddie:** Yeah. And in fact, if you're robed up and it's all appropriate, please share us.

**Annie:** Dying to see it. We are dying to see it.

**Eddie:** Yeah. Like tag us in a thing because it's just Thanksgiving and I'm sitting here watching a dog show. I will definitely be messing around on Instagram while I'm watching a dog show that I already saw two weeks ago.

**Annie:** A dog show that you know exactly how it goes. Eddie, when we're back together in December, you're going to have to give us dog show insight of what we didn't see. Because that was one of my favorite things about SNL was telling you all the things I didn't see or that y'all didn't see that I could see. So we've got to have the behind-the-scenes of the dog show.

**Eddie:** I can't wait.

**Annie:** But yeah, people have got to show us if they are robe... if it's appropriate for the entire internet to see. We're not asking you... Let me tell you what we're not asking. Nobody better get in our DMs. I don't need you...

**Eddie:** Don't DM me your robe pictures.

**Annie:** Don't robe me in my DMs.

**Eddie:** No.

**Annie:** No.

**Eddie:** We need your public. We need your fancy. We need your church robe. We need the like-

**Annie:** Your high holiday robe.

**Eddie:** Right. We're going in there. Everything's buttoned up. No problem.

**Annie:** I bet L.L.Bean has great robes.

**Eddie:** See, this is my aging. I can feel it. I can feel it.

**Annie:** Because you're happy about L.L.Bean.

**Eddie:** L.L.Bean is getting right in my lane.

**Annie:** Where does Eddie Bauer fit in your lane?

**Eddie:** Huge problem with that.

**Annie:** What?

**Eddie:** You know why?

**Annie:** No.

**Eddie:** Because it's the name Eddie. And I've always felt like a goofball about it when something that has my own name.

**Annie:** Sure. Okay.

**Eddie:** And I always thought it was goofy the way they marketed where they did like the interior of a car or whatever. Eddie Bauer, I'm not into it. That's not my brand.

**Annie:** I was really into it in eighth grade.

**Eddie:** Were you?

**Annie:** Ain't that problematic? Don't you feel sorry for me thinking back on it?

**Eddie:** Yeah, but that was like prime-time Southern girl.

**Annie:** It was early 90s Primetime. Figured out how to be in a body. Eddie Bauer gave me button-ups. It was fine. It was hard enough.

**Eddie:** Button-ups. Oh, no.

**Annie:** Yeah, tough. It was pretty tough.

**Annie:** Okay, so L.L.Bean is in the middle of your.. I'm trying to think who else might be in there. Who else is in there? What's the other one?

**Eddie:** I find myself more and more going I could probably do all my shopping on like a Filson a... I like a little bit of dressy outdoor. I like a pair of pants that don't look like denim jeans but are like that tan denim that you could just wear-

**Annie:** Filson is a dressy outdoorsman. That's exactly right. They're not gonna offer you robes I bet.

**Eddie:** Yeah. And if they are, they're gonna be like tin cloth and \$300. Filson is like outdoor stuff that I don't have the money to wear it outdoors. So if I bought a Filson jacket, I'm not actually going to wear it hiking. I'm going to wear it like-

**Annie:** To a Christmas party.

**Eddie:** To the dog show. To a Christmas party, right? When I'm trying to look cool.

**Annie:** Right. Right. Right. You have that money. That's just not how you're choosing to spend it.

**Eddie:** Correct. No, that's... yeah.

**Annie:** We are not people who buy the... some people are. I don't buy the clothes that I can only wear once or twice. That's why I did rent the runway for so long because it was like, "Oh, I would love to wear this six times and give it right back. Absolutely give it back."

**Eddie:** And I will wear clothes forever. This is the shirt I wore on Fallon.

**Annie:** It is the shirt you wore on Fallon.

**Eddie:** Great. 2020?

**Annie:** Yeah.

**Eddie:** No problem.

**Annie:** Yeah, 2020. Boy, that was such a big day. I love thinking about that day. That was so great. I bet he's on the Thanksgiving Day parade today. You know who else is in the Thanksgiving Day parade? Because I'm not spoiling anything because people can probably already see. Ginna Claire. My friend Ginna Claire on the Hallmark.

**Eddie:** Oh, that's neat.

**Annie:** I know. She's gotten to sing at the Macy's parade. Now she's riding a float.

**Eddie:** She's on the float.

**Annie:** She's probably one of a very small number of people who have done two jobs at a parade. At that parade.

**Eddie:** Oh, oh, yeah. What is she going to do? She's just on the-

**Annie:** Hallmark. Hallmark Christmas movie. So Hallmark has a bunch of their actors on one of the floats. Fantastic.

**Eddie:** When I met her, she... You know how you think a person might be and you wonder. And she was just like sparkly dress, ray of sunshine, just everybody... She's a foot and a half shorter than everybody. And just this tiny little Kristin Chenoweth type that just like sprites her way into the world and just glows, appears on stage, disappears, is all over. I was like, "Your name is perfect for you. It's all exactly who you should be." It was great.

**Annie:** There are these really cool things that happen here in the Broadway community where people... you may remember this from *Greatest Showman*. Do you remember when *Greatest Showman* was coming out? They shared those videos of people singing and practicing the songs in a rehearsal room and Hugh Jackman was losing his mind and crying.

**Eddie:** Yeah.

**Annie:** Do you remember those videos?

**Eddie:** Yes, yes, yes, yes, yes.

**Annie:** It's like the six-foot tables and all the chairs and the choir is there and the group of people standing. So those are like they're called readings. So when a show has been created, they will do a reading for producers or directors or whatever so that you can kind of hear the music and hear the acting. There's no scenery. There's no set change. There's no costumes. It's just the music and the talking. And their hope is,

is someone in this room going to invest in the show? So they hire Broadway actors to spend a week or something learning the show and then performing it two or three times for different groups of people.

So I got to go watch Ginna Claire do one of those last week. And I've got to see Mary Kate do one as well. It is amazing because you're seeing a show that may be on Broadway in four years. And this is the first time anyone's hearing it front to back publicly.

**Eddie:** That's nuts. And they learn all that just for-

**Annie:** It's so cool. It's not memorized. They're on book. So they're reading it. They're singing. They're reading the lyrics. There was probably 15 cast members, all of them uber-celebrity Broadway stars. Like Tony winners were up there. It was crazy. And because it's just like a side job they can do and then go do the show there on that night because it's just in the daytime.

**Eddie:** And maybe who knows but it's certainly goodwill building for a possible audition for this, right?

**Annie:** That's exactly right.

**Eddie:** Like maybe they're working their way into-

**Annie:** And Ginna Clare was magical in it. It's like a perfect role for her. And then she kind of ended up being the bad guy, but never like broke being sweet. She just needed money and sold a story to a newspaper. And so she ends up being the one who kind of ruins the thing because she sold the story to them because she needed money to pay rent. Because it's World War II and her husband's off at war. And they don't have any money.

**Eddie:** Well, tale as old as time.

**Annie:** Truly.

**Eddie:** But I will say about her though, do you get a sense... We're talking about a person I just don't really know. But I was interested in her. Do get a sense with her that like she... someday I think she's gonna break what you think is like the Ginna Clare mold for... I think she's got like acting chops that are like... I think she could go very dark or ethereal or weird like... I think she does fantastic what she does, but I don't think she is a typecast of Ginna Clare.

**Annie:** That's right.

**Eddie:** I think she's acting in roles.

**Annie:** She is not just Glinda. Yeah, that's exactly right. The Christmas movies, you can see that. She's different in the Christmas movies. But yes, I hope someday she gets some role that's kind of dark and brooding. Because she can do it. She was in the reading. She was the bad guy in the long run. It was very cool. It was very cool.

**Eddie:** That's cool.

**Annie:** She's amazing. She'll be on a parade. She'll be on a float on the parade.

**Eddie:** I mean, that's been-

**Annie:** You and I just do not do jobs... I think famous last words. I would love this to be true. I just don't know that we do jobs that will ever get us on a float.

**Eddie:** I mean, I think me being a creative director at an NGO is probably way farther than your possibility.

**Annie:** We be one of those people that just wears the pink outfit and holds the candy cane and walks alongside. That's what we should sign up to do.

**Eddie:** I don't need to be featured and I don't need to be in the opening credits of Macy's. I don't need to be on camera. I'd just like to be one of the goofbally people that stands around the side and makes it fun for the crowd and walks beside the Hallmark float and gives out candy and does the stuff.

**Annie:** Same.

**Eddie:** I mean, that would be magical.

[00:51:33] <music>

**Sponsor:** Y'all, I recently got my new [Helix](#) Sleep Mattress and got my bed all set up. I actually posted a reel of it over on Instagram if you want to go see. But I am telling you, I cannot wake up in the mornings... like I overslept every day the first week when I got it. I just sleep so hard. It is so comfortable. And their dream pillows, y'all. Okay, I got those two and they are amazing.

And you know I love having some data. So in a Wesper sleep study using FDA-cleared clinically validated devices, Helix measured the sleep performance of participants after switching from their old mattress to a Helix mattress. Here's what

they found. Eighty-two percent saw an increase in their deep sleep cycle. Participants on average achieved thirty-nine more minutes of overall sleep per night. So add me to those stats because I am sleeping like a champ on my Helix mattress.

Hand to heaven, I've gotten multiple texts from friends saying how much you actually love that mattress because we need one. And I'm telling everyone to get yourself a Helix mattress. You can actually get 25% off site-wide and two free dream pillows with any mattress purchase and get a free bedding bundle, which is two dream pillows, sheet set, and a with any Lux or Elite mattress order. Start shopping at [HelixSleep.com/ThatSoundsFun](https://HelixSleep.com/ThatSoundsFun). That's HelixSleep.com/ThatSoundsFun. You can thank me later.

**Sponsor:** Hi, friends. This holiday season, join the fun and step into the world of Scrooge: A Christmas Carol, the award winning audio drama podcast from Hope Media Group and Compassion International. Back for its 2024 season, this iconic story of redemption, forgiveness and festive cheer is reimaged like never before.

Whether you're hanging out with your family, enjoying some cozy alone time or just looking for the perfect soundtrack to your hot chocolate or your puzzle-putting togetherness, Scrooge is here to remind you that the true spirit of Christmas is all about transformation, joy and a little bit of holiday cheer. Start listening to this classic Christmas tale wherever you listen to podcast by searching Scrooge by Hope Media Group or visit [Scroogepodcast.com](https://Scroogepodcast.com).

This year, let the heartwarming story of Scrooge fill your holiday season with laughter, love and the magic of Christmas. Stay tuned for the official trailer.

And now back to finish up our conversation with Eddie.

[00:54:33] <music>

**Annie:** Here's what I don't know that we need to talk about before we move on to our Thanksgiving days. What are y'all going to eat? Do y'all have like a thing? What's on the menu at the Kaufholz home?

**Eddie:** We have over time kind of refined our recipes that take a little bit from family, a little bit new. If we're going to make Thanksgiving, there's going to be a couple of staples.

**Annie:** Got it.

- Eddie:** I'm going to be 100 percent on turkey. I vary every year, but I'm going to definitely smoke it. I like a smoker. I like smoked turkey.
- Annie:** What do you vary? Do you vary the chips and the seasonings? What do you vary?
- Eddie:** Yes. Yes. But it's generally kind of a variation on a theme. It's going to just taste like barbecue turkey.
- Annie:** Got it.
- Eddie:** Brianne has a macaroni and cheese recipe that melts all our brains. Mashed potatoes with quite a bit of cream cheese and sour cream in it.
- Annie:** Oh, yeah. One to one. Honestly, one to one. One potato to one lb of sour cream for me.
- Eddie:** Honestly, if people ask for the recipe, just hit rewind, TiVo backwards a couple of seconds. Just get a potato, get an equal measure of cream stuff, throw it in there. And then-
- Annie:** Potato dairy. Potato dairy.
- Eddie:** Salt the [inaudible 00:55:51] Jesus out of it.
- Annie:** That's exactly right. Skin's on or skin's off in your mashed potatoes?
- Eddie:** I'm a skin-on guy.
- Annie:** Me too.
- Eddie:** We grew up skin off, but I like a skin on.
- Annie:** I'm a skin-on guy too.
- Eddie:** I like the snap.
- Annie:** I like having something not white. I just like having something that's a little variety in there. Okay, keep going. So macaroni, mashed potatoes.
- Eddie:** That's bread starch. What else are like, we got to make this? I think those are like the... like everybody in our house would say, Okay, that was what I needed. Yeah. And then I really hope Brianne makes pie. She makes apple pie that is I think about it a lot. She actually has over the years pulled together different recipes and it is

just... it kind of wrecks the... it's the birthday request that got wrecked because every year on your birthday you used to go like, well, maybe I want these lemon bar I love or whatever. And now it's like, please just make the apple pie. I'll do anything for that. Every holiday I can request this. Is Father's Day a requestable holiday for a pie and whatever? What about you? What's the like got to have?

**Annie:** So mom does two different types of turkey. But it's oven turkey. We're oven turkey people.

**Eddie:** Always was too. So no diss. I love an oven turkey.

**Annie:** Yeah. One is an Ina Garten recipe.

**Eddie:** Great.

**Annie:** We love Ina. We support her. And so mom loves her recipe. And then there's another one I can't remember. What's come into my mind is I really want to contribute a squash casserole this year because we used to squash casserole a lot and we've retired it at some point. So I think I'm going to come guns blazing with a squash casserole.

**Eddie:** But you got to come hot with the squash casserole because there is a fine balance the squash casserole. Like it can't be too squashy.

**Annie:** Yeah. But it also can't be like three-to-one squash to crackers and cheese.

**Eddie:** Right.

**Annie:** You got to have a good balance. You're right.

**Eddie:** It majors in casserole. It minored in squash. But it was still a really hard minor. It was like Russian literature minor. It was still work.

**Annie:** Did you see SNL this weekend where the girl said she was getting her master's in 18th-century graveyards?

**Eddie:** Yes.

**Annie:** That is so funny. That is such a funny line. I'm not sure that actress is going to make it on SNL, but I think that line was funny. She's having a tough entry on, but I wish her well.

So here's the other thing. Did you and I talk about this about dressing? Was it you and I had talked about this recently?

**Eddie:** Okay. I don't know.

**Annie:** Because my sister makes the dressing from my grandmother. She learned it from my grandmother's recipe. No, it was not you and me. It was me and Ellen Scrimetti. Tatum makes the dressing. Sally makes the pie. I typically make nothing. I typically help with the dishes because I couldn't be bothered. I could not care less about cooking.

**Eddie:** You guys have to do.

**Annie:** But I love the crispy edges of dressing. So I'm going to purchase... Thank you for reminding me of this because this is coming out on Thanksgiving. I'm going to purchase one of those brownie pans that gives you edges and see if my sister will let us put some of the dressing in there so that it's all edges. How do you feel about that?

**Eddie:** I don't think it's going to work. And I think your sister knows it. For people that aren't really Southern, dressing is also stuffing, right? Like it's all the same. Dressing is stuffing that didn't get stuffed, but everybody calls it depending on where you're at.

**Annie:** That's right.

**Eddie:** I think the problem is going to be a moisture issue because you got to have like a decent amount of moisture in this that has to like... it's a fine balance between like... it's got to stay moist, but without getting dry. And it does that because it's all together. The reason you get the edges-

**Annie:** She stirs it too, because it has to stay moist. You're right.

**Eddie:** She stirs it during cooking?

**Annie:** Yeah. And if we have edges, it'll ruin... she won't be able to stir.

**Eddie:** What I would propose is instead of the curvy pan, because I think you're going to have a moisture issue and I think you're actually going to get to burning and she can't stir it. So we got a whole problem here. Smaller pans, like those little Bundt cake pans?

**Annie:** Or like muffin tins.

**Eddie:** Oh, that's actually I think a very good idea. I think a muffin tin would be a little like biodome of how it should be cooking.

**Annie:** Yes. We've done an attempt on muffin tins that did not go well because of me. I'm wondering if Bundt cake size is better.

**Eddie:** Are you a good cook when you put your mind to it?

**Annie:** Yes.

**Eddie:** Well, that's good. That's cool.

**Annie:** I mean, you kind of don't get to grow up in Georgia and not, right?

**Eddie:** I mean, you got to really purposefully skip it. But generally-

**Annie:** Yeah. I've never invested in... but had... If I had to feed people every day, we would eat fine.

**Eddie:** No problem.

**Annie:** I just don't enjoy it very much. I don't like the process. It all takes too long. It's a individual sport currently. And that's always like, well, I'd love to eat this pot of soup for the next nine weeks. Sounds great. Can't wait.

**Eddie:** And that's your 2023 recap.

**Annie:** She was cooking herself in 2023. All right, Eddie. Well, happy Thanksgiving. I'm thankful for you.

**Eddie:** Happy Thanksgiving to you. I don't always break the fourth wall like this, but happy Thanksgiving to people listening today.

**Annie:** Yeah. Happy Thanksgiving, friends.

**Eddie:** ...around this. I hope it's very nice-

**Annie:** In a season where the world can feel hard and things may not be going the way we want them to and life can be hard individually and corporately and globally and nationally, we also have a lot to be thankful for today.

**Eddie:** Okay. Can I do one thing?

**Annie:** Keep going.

**Eddie:** Like really what's one thing you're grateful for?

**Annie:** What am I grateful for? I mean, this year... uh, you know what I'm really grateful for Eddie. I'm really grateful that my heart does not give up. I'm not a person who gives up. So I'm really thankful that God has done that in me. That's what I'm thankful for today. I'm in New York and in Nashville and personal life and work life. I am thankful for the ability to persevere.

**Eddie:** Great.

**Annie:** What are you thankful for? You're probably gonna say other people. And that was selfish of me. Sorry.

**Eddie:** It's not selfish of you. That's what you're thankful for. I am thankful for the resiliency and compassion of Brianna, Eve, and Lucy. Those three. They're not the same. I know I bundled them together sometimes or even, you know... but their individual resiliency and compassion is just all I will be thinking about this Thanksgiving. They are the best. That, and of course, robe gate and where we end up with this L.L.Bean. L.L.Bean, our backward sponsor. We'll bring that back from years ago.

**Annie:** Yeah. Yeah. Yeah. Reverse sponsoring.

**Eddie:** This show brought to you by reverse sponsoring.

**Annie:** That's right. L.L.Bean please send us robes.L.L.Bean, where are you? Send us robes.

**Eddie:** Let's get it on there. Get daddy a nice snowrobe.

**Annie:** Eddie needs Christmas snow robe.

**Eddie:** Papa needs his 2XL. Give me something with some links. I can't do the below-the-knee thing, by the way. You said knee?

**Annie:** No, no, no. Knee. Not below.

**Eddie:** Low, low ankle.

**Annie:** You want ankle robe?

- Eddie:** What? Am I going to just have my legs out in the air? What am I wearing? My indoor sandals. And I have my legs out?
- Annie:** Wait, this whole time you want a head-to-toe robe.
- Eddie:** Did you think I wanted just my calves and legs out?
- Annie:** Yes. When you're walking from other... you're wearing a dress if you're using a travel robe that touches the floor. Can we do mid-calf? Can we do mid-calf? I'm going to send you some links. I can't buy you a robe. That's weird.
- Eddie:** 100% you can.
- Annie:** So I'm just going to send you and Bree in a group text some links to some robe options.
- Eddie:** Can I not... maybe I'm wrong on this, but are you not proposing that I wear a pencil skirt?
- Annie:** No, no. Think about the dads you see on the commercials holding their coffee. Their robe is not to the ankle. Their robe is to knee or mid-calf. The robe stops before the bottom of the pajama pant.
- Eddie:** I guess.
- Annie:** I'm going to send you and Bri some options. We're going to get you robed up for winter of '25. You're going to be ready.
- Eddie:** Travel robe is my favorite thing you've said. That will make me laugh for a long time.
- Annie:** Hey, I'm really thankful for you too.
- Eddie:** Thank you, Annie.
- Annie:** What a gift of a friendship. I can't believe I get to do this. So I'm really thankful.
- Eddie:** Same. Thanks for letting me be here with your friends today. It was very, very kind of you.
- Annie:** All right, friends, as you're getting ready for Thanksgiving, go wash your hands.

**Eddie:**      Yeah. Bye buddies.

**[01:04:42] <music>**

**Outro:**      Oh, you guys, don't you love him? Isn't he the best? Just the best. We're so lucky to be friends with Eddie. As always head over to social media, tell Eddie, thank you for being on the show. And if you enjoyed this episode, y'all know we got that whole playlist of the other recap episodes with Eddie linked for you in the show notes.

If you have any questions from this episode, you can drop them in the Q&A box on your Spotify app, if you're a Spotify listener, or send them to us on Instagram @ThatSoundFunPodcast, we'll try to answer them there. And make sure you are following That Sounds Fun podcast, particularly before January 6. You're going to want to be over there.

If you need anything else from me, you know I'm embarrassingly easy to find. Annie F. Downs on Instagram, Twitter, Facebook, even on TikTok. Anywhere you need me, that is where you can find me. I think that's it for me today, friends. Go out or stay home and do something that sounds fun to you and I will do the same.

Today. What sounds fun to me is watching the Thanksgiving Day Parade. Y'all have a great weekend. We'll see you back here on Sunday, actually with a special bonus episode featuring the first day of our advent series. Stay tuned.